

MY DAY/IN MOTION AND PLAY





MAY DAY/IN MOTION AND DLAY This collection of thirteen easy to

learn sonas and physical activities develops fine and gross motor skills, listening skills, coordination. a sense of rhythm, and imagination, as well as introducing children to the sequence of time within a day, good health habits. an enthusiastic feeling for school making decisions, and a time to wind down. All this encourages young children to look forward to each day, helps them learn and welcome their responsibilities and develops a daily routine which gives them a feeling of independence and achievement Sonas and activities include greeting the morning, good eating habits, going to school imagination, and rest time. Putting the concepts of these songs and activities in motion prepares and leads children toward a responsible. independent, satisfying, and enjoyable life.

Bobby Susser

For Children Ages 2-8 Grades Pre-K-3, including ESL & Special Education Children Parent/Teacher notes, suggested activities and lyrics included Home & classroom tested.

Good Morning . . . Good Morning

By Bobby Susser Purpose: To develop a proper morning greeting, a positive outlook toward each day and a sense of rhythm. In addition to developing an awareness of the sequence of time within a day. 1 The child/children should be

encouraged to sing along. 2. The parent/teacher may ask the child/children to stand up and bow as a gesture of good morning while singing.

Good morning good morning my world Good morning good morning my world Good morning good morning my world Good morning good morning my world

Good morning good morning to you Good morning good morning to you Good morning good morning to you Good morning good morning to you

Good morning good morning my friends Good morning good morning my friends Good morning good morning my friends Good morning good morning my friends

Da da da da da da da da

Da da da da da da da da Da da da da da da da da Da da da da da da da da everrice

Good morning good morning my world Good morning!

Don't Forget to Exercise

By Bobby Susser Purpose: To develop gross motor skills. listening skills, coordination, body awareness, sense of rhythm and following directions. 1. The child/children may join in the chorus or sing the entire song. 2. Providing it's done in a safe setting, the child/children may

follow the directions to exercise that are suna in the sona. 3. The parent/teacher may want to discuss with the child/children the importance of a safe place to exercise.

Don't forget to exercise exercise exercise Don't forget to exercise everyday

Hands up high To the sky Way down low Touch your toes Hands up high To the sky Way down low Touch your toes

Don't forget to exercise exercise Don't forget to exercise everyday Stamp your feet To the beat Stay in place Touch your face Stamp your feet To the heat Stay in place Touch your face

Don't forget to exercise exercise Don't forget to exercise everyday Don't forget to exercise exercise Don't forget to exercise everyday Don't forget to exercise exercise exercise Don't forget to exercise everyday everyday everyday

We Better Hurry Up!

Ry Robby Susser Purpose: To develop fine motor skills imagination and coordination while learning good health habits and listening skills.

1. The child/children may sing along 2. The child/children may pantomime the sona.

3. The parent/teacher may want to discuss arooming habits with the child/children

4. The parent/teacher may want to discuss the significance of being on time

We better hurry up and brush our teeth We better hurry up and brush our teeth We better hurry up We better hurry up

We better hurry up and brush

our teeth

We better hurry up and wash our hands We better hurry up and wash our hands We better hurry up We better hurry up We better hurry up and wash our hands

We better hurry up and wash our face We better hurry up and wash our face We better hurry up We better hurry up We better hurry up and wash our face

We better hurry up and comb our hair We better hurry up and comb our hair We better hurry up We better hurry up We better hurry up and comb our hair We better hurry up

We Have To Eat

By Bobby Susser Purpose: To develop fine motor skills. listening skills, imagination, and coordination while learning good health habits and responsibility 1. The child/children may sing along. 2. The child/children may pantomime

this entire song. 3. The parent/teacher may use this song as an introduction to a lesson in good health and good eating habits.

4. The parent/teacher may want to discuss the subject of responsibility with the child/children referring to the line in the song. "We all clean the plate when we're done."

We all have to eat a good meal We all have to eat a good meal We all have to eat a good meal We have to eat We have to eat We have to eat a good meal

We all have to drink with our meal We all have to drink with our meal We all have to drink with our meal We have to drink We have to drink We have to drink with our meal

We all clean the plate when we're done We all clean the plate when we're done We all clean the plate when we're done We dean the plate We dean the plate We clean the plate when we're done Da da da da da da da da

Da da da da da da da da Da da da da da da da da Da da da da Da da da da Da da da da da da da We all have to eat a good meal

We all have to eat a good meal We all have to eat a good meal We have to eat We have to eat We have to eat a good meal

(Repeat last verse)

Go To School By Bobby Susser Purpose: To develop gross motor skills. listening skills, coordination, a sense of rhythm and an enthusiasm for school 1. The child/children may sing along and/or clap hands to the beat of

the sona. 2. The child/children may march or dance in place to the sona, and when the words of the song apply to the child/children or boys/girls, then he/she/they may raise his/her/their hands.

3 The parent/teacher may join in Everybody's ready to go to school Everybody's ready to go to school Everybody's ready to go to school

Everybody's ready to go to school Everybody's ready to go to school Everybody's ready to go to school Go to school Go to school Go to school

Some of us take the hus

We ride to school everyday

Some of us walk to school

Go to school

Yes the teacher helps us

We're very lucky today

And the teacher loves us

We walk to school everyday

Oh everybody's ready to go to school

Everybody's ready to go to school

Everybody's ready to go to school

(Repeat chorus)

Go to school

Go to school

Go to school

On Our Way Back Home Ry Robby Susser Purpose: To develop gross motor skills, listening skills, coordination and a sense

of rhythm 1. The child/children may sing along. 2. The child/children may pretend to be marching in a circle during the sona by remaining stationary and marching in place to the music.

It's time for us to go We're on our way back home All the boys want to learn They want to learn everything It's time for us to go All the airls want to learn We're on our way back home They want to learn everything It's time for us to go We're on our way back home It's time for us to go Oh everybody's ready to go to school Everybody's ready to go to school We're on our way back home Everybody's ready to go to school Go to school

It's time for us to go We're on our way back home It's time for us to go We're on our way back home It's time for us to go We're on our way back home It's time for us to go We're on our way back home

We're very happy to say Oh everybody's ready to go to school It's time for us to go Everybody's ready to go to school We're on our way back home Everybody's ready to go to school It's time for us to go We're on our way back home It's time for us to go

We're on our way back home

It's time for us to go We're on our way back home

A Daisy

By Bobby Susser Purpose: To develop listening skills, a sense of rhyming, fine motor skills, imagination and a sense of rhythm. 1. The child/children may sing along and/or don to the beat of the sona.

The child/children may stand up and pretend to be picking a daisy.

 The parent/teacher may ask the child/children to pick out the words in the song that rhyme with daisy.

I'm gonna pick myself a daisy A hazy lazy crazy little daisy

I'm gonna pick a daisy on a hazy day I'm gonna pick a daisy on a hazy day A hazy lazy crazy little daisy I'm gonna pick a daisy on a hazy day

I'm gonna pick a daisy on a lazy day I'm gonna pick a daisy on a lazy day A hazy lazy crazy little daisy I'm gonna pick a daisy on a lazy day

I'm gonna pick a daisy on a crazy day I'm gonna pick a daisy on a crazy day A hazy lazy crazy little daisy I'm gonna pick a daisy on a crazy day I'm gonna pick a daisy on a crazy day

It's a hazy lazy crazy day today A perfect day to pick myself a daisy

I Can't Make Up My Mind

By Bobby Susser Purpose: To develop listening skills, coordination, a sense of rhythm and a comprehension of decision making. 1. The child/children may sing along. 2. The child/children may want to stand up and dance to this chythmic sona.

The parent/leacher should explain to the child/children that although it is okay if one cannot decide, eventually it is important for a decision to be made.

I don't want to go
I don't want to stay
I can't make up my mind
I can't make up my mind
I don't want to go
I don't want to stay

Maybe I'll do this Maybe I'll do that I can't make up my mind I can't make up my mind Maybe I'll do this Maybe I'll do that

Maybe I'll say yes Maybe I'll say no I can't make up my mind I can't make up my mind Maybe I'll say yes Maybe I'll say no

I don't want to stand
I don't want to sit
I can't make up my mind
I can't make up my mind
I don't want to stand
I don't want to sit

I don't want to go
I don't want to stay
I can't make up my mind
I can't make up my mind
I don't want to go
I don't want to stay
I can't make up my mind

But that's O.K.

Use Your Imagination

By Bobby Susser Purpose: To develop listening skills, imagination, fine motor skills, gross motor skills and coordination.

 The child/children may sing along to the entire song or to the chorus, "Just use your imagination."

While singing about each animal the child/children may pretend to be, and act like that animal.

3. The parent/teacher may ask the child/children what animal he/she/they liked to imagine to be the most and why.

You know in our minds we have such great imaginations And that means we can pretend anything

Make believe we're at the zoo Where you can be a monkey too You can be A chimpanzee Just use your imagination Just use your imagination

Make believe that you're a bear Your body's covered up with hair Great big paws A real strong jaw Just use your imagination Just use your imagination

Make believe that you're a seal Barking for your morning meal Shiny skin You'd like to swim Just use your imagination Just use your imagination Da Just use your imagination Just use your imagination

We could always try to be Anything we want to be So much fun For everyone Just use your imagination Just use your imagination

So much fun For everyone Just use your imagination Just use your imagination

What Do You Think You'd Want To Be?

By Bobby Susser Purpose: To develop listening skills, gross motor skills, coordination, a sense of rhythm and a comprehension of choosing a form of occupation in life.

 The child/children may sing along to the entire song or to the chorus, "If you could be anything you'd want to be what do you think you'd want to be?"

 Providing it's done in a safe setting, the child/children may march around in a circle during the chorus.

3. The child/children may pretend to be marching in a circle during the chorus by remaining stationary and

marching in place to the music.

4. The parent/teacher may ask the child/children what he/she/they would like to be and why.

If you could be anything you'd want

What do you think you'd want to be? Would you like to be a king? Would you like to be a gueen? Would you like to be a song that we all could sing?

Would you like to be a down? Would you like to be a cat? Would you like to be a horse that we all could pat?

If you could be anything you'd want What do you think you'd want to be? Would you like to be a book? Would you like to be a chair? Would you like to be a park that we all could share?

Would you like to be a drum? Would you like to be bass? Would you like to be a band for the human race?

If you could be anything you'd want What do you think you'd want to be? If you could be anything you'd want

What do you think you'd want to be? What do you think you'd want to be? What do you think you'd want to be?

A World Made For Me and You By Bobby Susser

Purpose: A time for rest. 1. The child/children may listen to this song as the parent/teacher plays it during rest, nap or bedtime.

Da da da da da da It's so pretty to see the sky so blue It's so nice to see the moon smile back at you In a world made for me and you In a world made for me and you

Da da da da da da

must do

Da da da da da da

We know that we must do what we We know that we must stick together In a world made for me and you In a world made for me and you

Da da da da da da da da In a world made for me and you In a world made for me and you

It's so pretty to see the sky so blue It's so nice to see the moon smile back at you In a world made for me and you In a world made for me and you In a world made for me and you

I Don't Want To Go To Sleep By Bobby Susser

Purnose: A time for rest 1. The child/children may listen to this song as the parent/teacher plays it during rest, nap or bedtime.

All I want to do is just rest All I want to do is just rest All I want to do is just rest All I want to do is just rest

I feel so tired but I don't want to go to sleep
I feel so tired but I don't want to go to sleep
I feel so tired but I don't want to go to sleep

All I want to do is lie down All I want to do is lie down All I want to do is lie down All I want to do is lie down

I feel so tired but I don't want to go to sleep

I feel so tired but I don't want to go to sleep I feel so tired I feel so tired I feel so tired

I feel so tired but I don't want to go to sleep

I don't want to go to sleep I don't want to go to sleep

Lullaby

I feel so tired

Arranged by Bobby Susser Purnose: A time for rest 1. The child/children may listen to this song as the parent/teacher plays it during rest, nap or bedtime

All Sonas Written By Bobby Susser Except " Lullaby " which is an arrangement of the traditional 19th century lullaby by Johannes Brahms. All Songs © 2004 Bobby Susser All Songs Published By Bobby Susser All Rights Reserved. Used By Permission New Hope Records, Inc. Made in U.S.A. Unauthorized duplication is a violation of applicable laws.

© 2004 Bobby Susser

Bobby Susser, M.A. Communication Arts and Sciences and Early Childhood Education, Columbia University, has written and produced original, easy-to-learn, award winning children's songs since 1972 as well as the internationally acclaimed, "Once You Understand," for teenagers. Four times, he has been awarded the Early Childhood News Directors' Choice Award, Dr. Toy's/The Institute of Childhood Resources' "Best Children's Vacation Products Award," "100 Best Children's Products Award," "10 Best Children's Products Award," "10 Best Audio-Vigleo Products Lonce award, Jr. 10/5/ the Institute of Uniannoan Resources" sees Uniarens's vacamon Products, award, 1 Tubes Award, "and the Parents' Choice Award of his ongoing series, "Bobby Susser Songs For Children." He has also contributed and recorded an official theme song to the world renowned St. Jude Children's Hospital. Bobby Susser chooses and works with several types of singers and musicians depending upon the song, style, and subject matter. He feels that the performance as well as the song must be believable, honest, and sincere. These important qualities are the running threads throughout his original songs and activities. Listen to his songs and you'll discover a serious and careful effort to help kindle the imagination, empathy, understanding, compassion, and socialization in our daildren, (in a most entertaining way) which are key elements in the development of self. Bobby Susser is believable, honest, and sincere. He's an original!



MY DAY/IN MOTION AND PLAY

1. Good Morning...Good Morning! 1:56

2. Don't Forget To Exercise 2:02

3. We Better Hurry Up! 1:30

4. We Have To Eat 2:20 5. Go To School 2:29

6. On Our Way Back Home 1:26

7. A Daisv 1:43

8. I Can't Make Up My Mind 1:44

9. Use Your Imagination 2:21

10. What Do You Think You'd Want To Be? 1:24

11. A World Made For Me And You 2:00

12. I Don't Want To Go To Sleep 2:09

13. Lullaby 1:52

PRODUCER: Bobby Susser

ENGINEERS: Fred Guarino, Lou Gimenez

VOCALS: Mike Green, Denise D'Angelo Jones, Carol Lane,

Joe Simmons, The Bobby Susser Children's Chorus and The Bobby Susser Singers

KEYBOARDS: Mark Falchook, Spyros Poulos

BASS: Mike Green **DRUMS:** John Daly

PERCUSSION: Joel Burns

STUDIOS: Tiki Recording Studios. The Music Lab COVER ART: Jan Guarino

All Songs Written By Bobby Susser Except "Lullaby" which is an arrangement of the traditional 19th century lullaby by Johannes Brahms

All Songs © 2004 Bobby Susser All Songs Published By Bobby Susser Music

Digitally Recorded and Mixed

@@ 2004 Bobby Susser

Manufactured by New Hope Records, Inc. Printed in USA. All Rights Reserved, Used By Permission, Unguthorized duplication is a violation of applicable laws.







MY DAY/IN MOTION AND PLAY

- 1. Good Morning...Good Morning! 1:56
- 2. Don't Forget To Exercise 2:02
- 3. We Better Hurry Up! 1:30
- 4. We Have To Eat 2:20
- 5. Go To School 2:29
- 6. On Our Way Back Home 1:26
- 7. A Daisy 1:43

- 8. I Can't Make Up My Mind 1:44
- 9. Use Your Imagination 2:21
- 10. What Do You Think You'd Want To Be? 1:24
- 11. A World Made For Me And You 2:00
- 12. I Don't Want To Go To Sleep 2:09
- 13. Lullaby 1:52

PRODUCER: Bobby Susser ENGINEERS: Fred Guarino, Lou Gimenez

VOCALS: Mike Green, Denise D'Angelo Jones, Carol Lane, Joe Simmons, The Bobby Susser Children's Chorus and The Bobby Susser Singers

KEYBOARDS: Mark Falchook, Spyros Poulos BASS: Mike Green

DRUMS: John Dalv

PERCUSSION: Joel Burns STUDIOS: Tiki Recording Studios, The Music Lab COVER ART: Jan Guarino

All Songs Written By Bobby Susser Except "Lullaby" which is an arrangement of the traditional 19th century lullaby by Johannes Brahms All Songs © 2004 Bobby Susser

All Songs Published By Bobby Susser Music Digitally Recorded and Mixed







@ © 2004 Bobby Susser

Manufactured by New Hope Records, Inc.

Printed in USA. All Rights Reserved. Used By Permission. Unauthorized duplication is a violation of applicable laws.