

TICKLY TODDLE
SONGS FOR VERY YOUNG CHILDREN
(FORMERLY MORE BABYSONGS)
All songs copyright 1981 Hap-Pal Music

This recording is intended for use with small groups of children in day care and nursery school settings, or for use by the individual child at home. The songs are fun for listening and singing. The activities that accompany them are simple and afford opportunities for interaction between adult and child.

There is a wide variety of moods and rhythms and the songs cover a number of important areas such as body awareness, self image, vocabulary development, family relationships, dramatic play and creative movement.

Since it may be the child's first experience with an activity recording it is advisable to let the child respond in his or her own way. The child may not wish to participate at first, or may have different ideas from those in the guide. Allow the child to experiment or simply listen. Children generally begin to participate when they feel comfortable.

Track # 1 - RUB-A-DUB

Words: Martha Cheney/Music: Hap Palmer

Children learn body parts while pretending to take a bath.

They can pretend to wash themselves, a doll, or a friend; or a parent can pretend to wash the child.

Chorus: *Don't you love to have fun in the tub*
 Rub-a-dub
 Just hop in the water and scrub
 Rub-a-dub
 Pile up the bubbles just as high as they'll go
 Then start at the top and work down to each toe
 In the scrubbly bubbly tub

*First you wash your face to make your cheeks bright
But remember to keep your eyes shut tight
Then ears in and out and neck round and round
Then move on to your shoulders and arms up and down*

Repeat Chorus

*Your fingers and toes may need extra soap
And you haven't forgotten that tummy I hope
Wash your bottom and legs, scrub on down to those feet
Then up, down and sideways, you're all clean and sweet.*

Repeat Chorus

TRACK # 2 - MY BABY

Words: Martha Cheney and Hap Palmer/**Music:** Hap Palmer

This is an activity designed for a child and his or her baby doll.

The child, following along with the verses, bathes, feeds, changes and rocks the baby doll. During the choruses children may rock or dance with baby, sing or just listen. As a variation, parents might act out the verses pretending the child is a baby.

*My baby wants her bottle now
She's hungry as can be
I'll feed her milk all nice and warm
And hold her close to me*

Chorus: *Little baby I love you so
 Little baby I'll watch you grow
 Little baby I love holding you
 'Cause I know you love me too*

*My baby's diaper is all wet
He needs one nice and dry
So I will change his diaper now
And then he will not cry*

Repeat Chorus

*My baby is all dirty 'cause
We went outside to play
So I will put her in the tub*

And wash the dirt away

Repeat Chorus

*My baby has a sleepy face
He needs a little nap
So I will rock him in my arms
And hold him in my lap*

Repeat Chorus

TRACK # 3 - SHOUT AND WHISPER

Words: Martha Cheney/Music: Martha Cheney and Hap Palmer

Children listen to each underlined phrase as it is sung;
Then repeat it, first in a loud voice, then very softly.

*Shout and whisper just like me
Shout and whisper one, two, three
Shout - one, two, three
Whisper - one, two, three*

*Shout and whisper, that's what we do
Shout and whisper I love you
Shout - I love you
Whisper - I love you*

*Shout and whisper, that's our game
Shout and whisper what's your name
(Children say their own names)
Shout _____
Whisper _____*

TRACK # 4 - THE HAMMER SONG

Words and Music: Hap Palmer

Children love to hammer. This activity can be done with a pretend hammer, toy hammer, or rhythm instrument such as sticks, woodblock, or drum.

**Bang Bang Bang Bang
Watch me hammerin'
Bang Bang Bang Bang**

Poundin' nails in

Bang Bang Bang Bang
I try to pound them straight

Bang Bang Bang Bang
Don't want to make mistakes

Bang Bang Bang Bang
You know it feels so good

Bang Bang Bang Bang
To make things out of wood

Bang Bang Bang Bang
Watch me hammerin'

Bang Bang Bang Bang Bang

TRACK # 5 - TICKLY TODDLE

Words: Martha Cheney/Music: Hap Palmer

During the verses children can act out the movements of a goose, a worm, and a bee. During the chorus a parent, teacher or partner can gently tickle the child under the chin and behind the knee.

*Tickly toddle, a goose likes to waddle
She'll wobble and waddle all over the world*

Chorus: *So tickly tickly tickly pin
I like to be tickled up under my chin
Tickly tickly tickly bee
I like to be tickled in back of my knee*

*Tickly jiggle, a worm likes to wiggle
He'll squiggle and wiggle all over the world*

Repeat Chorus

*Tickly tumble, a bee likes to bumble
He'll buzz and he'll bumble all over the world*

Repeat Chorus

TRACK # 6 - CRAZY MONSTER

Words: Martha Cheney/Music: Hap Palmer

In this activity children can pretend to be a little crazy and growly.

Suggested movements are below each lyric:

I'm a crazy monster, I live in a cave

(Make cave with arms)

I'm a crazy monster, I will not behave

(Shake arms wildly and make faces)

I'm a crazy monster, I jump up with the sun

(Act out waking up)

'Cause I can't wait to run outside and scare everyone

(Make scary gestures and scary faces)

I'm a crazy monster, I stomp and scream and moan

(Stomp feet, scream and moan)

I'm a crazy monster, I smash and crash and groan

(Do smashing movements with arms)

I'm a crazy monster and when the day is through

(Act out sun going down)

I crawl back in my cave and sleep just like you

(Crawl on floor and lay head on arms - pretend to sleep)

Just like you

TRACK # 7 - FAMILY HARMONY

Words: Martha Cheney and Hap Palmer/Music: Hap Palmer

This song presents the names and sounds of various musical instruments. Children can have fun singing along or pretending to play the instruments. The song also concerns members of a family. Parents and teachers might want to talk with children about who makes up a family, how these members relate - (i.e., Grandma is mother of mother or father, etc.) and what members they have in their own families.

Chorus: *We play our song together*
 A happy melody
 It always sounds much better
 In family harmony

*Baby plays the bongo drums
Daddy plays a big guitar
Grandma plays the violin
Oh what pretty sounds they are*

Repeat Chorus

*Auntie plays the xylophone
Sister plays the saxophone
Uncle plays the silver flute
Oh what lovely lilting tones*

Repeat Chorus

*Grandpa plays the slide trombone
Mama plays piano
Brother plays the tambourine
With love they make the music flow*

Repeat Chorus

TRACK # 8 - SO MUCH TO HEAR

Words: Martha Cheney and Hap Palmer/**Music:** Hap Palmer

Here children listen to sounds commonly heard in a child's day. At the end of the song are sounds for them to identify. After listening to the song, the children might be asked to spend a silent moment listening to hear sounds around them or to list sounds they frequently hear.

Chorus: *My days are filled with funny sounds
 I hear them with my ears
 Listenin' to noises all around
 There's so much to hear*

*I hear the phone start ringing
I answer it hello
It's time to clean the house up
Hear the vacuum cleaner go*

*Playing with my puppy
Running all around the grass
He barks at me and licks me*

And it always makes me laugh

Repeat Chorus

*I help my mommy cooking
We bang the pots and pans
My dad turns on the radio
We dance and clap our hands*

*Sometimes when we go walking
We hear noises near and far
Come and listen with me
Do you know what they are?*

Sounds: Construction (Hammer, Saw, Electric Drill);
Birds; Bell; Baby Crying; Horn; Car Starting; Person Walking; Dogs
and Crickets at Night.

Repeat Chorus

TRACK # 9 - WATCH A WITCHIE WHIZ

Words: Martha Cheney and Hap Palmer/**Music:** Hap Palmer

Many children in the three-to-five age group are fascinated with "scary" things. Here is a pretend song about a witch who has lots of fun flying around, and the children can join in and be witches, too!

*Green hair shines in the golden moon
Wild witch sits on a magic broom
Up on back hops her black tom cat
And they go flyin, zoom -*

*Watch a witchie whiz way up high
Stars sparkle brightly as she flies
Racing in the cold night sky*

*If you'd like to fly to the golden moon
Jump right up on your magic broom
Up on back hops your black tom cat
And you go flying, zoom -*

Watch a witchie whiz way up high

*Stars sparkle brightly as you fly
Racing in the cold night sky*

*Watch a witchie whiz way up high
Stars sparkle brightly as you fly
Racing in the cold night sky
Cold night sky -*

TRACK # 10 - WILD AND WOOLLY

Words: Martha Cheney and Hap Palmer/**Music:** Hap Palmer

This is a fun pretending activity. Children imagine that they are cowboys, riding bucking broncos in a rodeo.

*Wild and woolly is a cowboy show
Ridin' buckin' broncos in a rodeo
Bouncin' up and down and a turnin' around
Jumpin' and a joltin' til you fall on the ground*

Chorus: *Wild and woolly
Ride and rope and run
Wild and woolly
Have some wild and woolly woolly fun!*

*Ridin' 'round and 'round swingin' your lasso
Wave your hat to mama shoutin' woo yahoo!
When the western Arizona sun goes down
You're dancin' and a singin' at the big hoedown*

Repeat Chorus

TRACK # 11 - IT WAS ALL A DREAM

Words: Martha Cheney and Hap Palmer/**Music:** Hap Palmer

Most children at this age begin to experience dreams, some of them unpleasant. This song helps them to differentiate between reality and fantasy, and reassures them that their parents will keep them safe.

*Sleeping alone in your bed at night
You hear something go a-a-a-a-gh!
It looks like a witch or a monster
You call for your mama to come*

*She looks out the window and under your pillow
She looks in your closet and under your bed
She says "Dear there is nothing here that can harm you
The sound that you heard is all in your head"*

Chorus: *It was all a dream, it was all a dream
The thing that you heard was not real my dear
It was all a dream, it was all a dream
Go back to sleep, there's nothing to fear*

*Sleeping alone in your bed at night
You hear something go o-o-o-h
It looks like a ghost or a goblin
You call for your papa to come*

*He looks out the window and under your pillow
He looks in your closet and under your bed
He says "Dear there is nothing here that can harm you
The sound that you heard is all in your head"*

Repeat Chorus

*Sleeping alone in your bed at night
You hear something go g-r-r-r-r-
It looks like a lion or a tiger
You call for your mama to come*

*She looks out the window and under your pillow
She looks in your closet and under your bed
She says "Dear there is nothing here that can harm you
The sound that you heard is all in your head"*

Repeat Chorus

TRACK # 12 - PIGGY TOES

Words: Martha Cheney/Music: Hap Palmer

This is a just-for-fun song where children pretend their ten toes are little pigs and do movements that follow the lyrics. Parents might also tickle and wiggle the child's toes and feet.

*Ten little piggies run thumpity thud
Ten little piggies squish into the mud
Ten little piggies so soft and so sweet
Don't you think toes are the best part of feet*

Chorus: *Jiggle your piggy toes, wiggle your piggy toes
Giggle and wiggle and jiggle jiggle your toes
Jiggle your piggy toes, wiggle your piggy toes
Run those sweet piggies right up to your rosy nose
Run them right up to your nose*

*Ten little piggies dig into the rug
Ten little piggies curl up like a bug
Ten little piggies go tippy tip toe
Toes are the best part of feet don't you know*

Repeat Chorus

TRACK # 13 - SLEEPY TIME SEA

Words: Martha Cheney/**Music:** Hap Palmer

This is a lullaby for quiet times.

*Breeze over the sea
Sing a sweet song to me
Of ships and sails, dolphins and whales
Blue ocean rolling and free*

Chorus: *Rock away with me on my boat and see
Sweet sleepy time sea
On a magic tide as I softly ride
My dreams come sailing to me*

*Clear splash of the tide
Waves that glisten and glide
Foamy spray, seagulls at play
Blue ocean rolling and wide*

Repeat Chorus

HAP PALMER began his teaching career working with the mentally retarded in East Los Angeles. He has also worked with pre-school and early childhood age groups. His recordings contain a wide assortment of activities which integrates and correlates subject matter - combining music, movement and learning. All are based on the belief that learning can be fun. The activities are varied in approach from specific task to problem solving, to creative movement and dramatic play. He conducts workshops throughout the nation and has taught extension courses at California State University at Long Beach and Fresno, also working part time for Los Angeles City Schools teaching music and movement grades K-3. Hap is privileged to work with many fine musicians and arrangers in the Los Angeles area. He has written and recorded over 200 songs for children, writing music and lyrics, creating activities, producing, playing and singing.

MARTHA CHENEY has a wide variety of experiences in the education of young children. She has taught kindergarten, first grade and elementary physical education as well as tutoring in reading and math. While raising her two children she has been active in parent groups and school advisory councils at both elementary and junior high school levels. She received a B.A. in early childhood education from the University of North Carolina at Wilmington. While in school there she worked in day care and acted as summer director of the center. She has also taken courses in writing poetry through UCLA extension.

Titles of Songs:

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MY BABY
SHOUT AND WHISPER
THE HAMMER SONG
TICKLY TODDLE
CRAZY MONSTER
FAMILY HARMONY**

**SO MUCH TO HEAR
WATCH A WITCHIE WHIZ
WILD AND WOOLLY
IT WAS ALL A DREAM
PIGGY TOES
SLEEPY TIME SEA**

Credits:

Engineer: Tim Jaquette
Vocals: Hap Palmer
Children's Chorus: Steven Back, Amy Cameron, Andrew Crofoot,
Beth Dewey, Greg Quinn, Carl Tipton, Chris Wilkins

*Backup Vocals on
"Family Harmony":* Alberta Gysin, Lloyd Gysin
Keyboards: Steve Welch
Drums: John Perry
Percussion: Bill Schlitt
Bass: Bill Perry
Electric Guitar: Bob Summers
Acoustic Guitar: Hap Palmer
Violin: Peter Kent
Saxophone, Flute: John Yoakum
Trombone: Michael Totten
Dog "Spike" Trained by: Don and Linda
Laughs: Kelly Palmer, Wesley Palmer, Linda Vautler
Children's Chorus Directed by: Alberta Gysin
Mastered by: Doug Sax at the Mastering Lab,
Hollywood, California

Arranger: Bob Summers
Producer: Hap Palmer
Executive Producer: Don Perry
Designed and Illustrated by: Carole Schumacher

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