

Understanding of SEX

Vol. 1: Sex Principles for Adults
The Psychology of Love and Sex



CONTENTS:
1 Sound disc
Descriptive notes

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Understanding of SEX

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— PLAIN TALK —

PT-101

SEX POWER and PLEASURE

One of the most important steps in establishing and maintaining a happy marriage is the ability to have a mutually satisfactory and pleasant sexual relationship. Therefore, for your own happiness, and the happiness of your mate, an effort should be made to avail yourself of necessary sex education.

Many books have been written on the subject, however, during this busy age, it is time-consuming to read and comprehend the most important material. Now, you can have the basic fundamentals of important sex knowledge presented to you in a friendly, clear, frank and informal long play recording. This is a recording that you will listen to, and refer to again and again throughout your married life.

This recording is clearly spoken in non-technical terms, and it will prove valuable, not only to newlyweds, but also to married couples, many of whom have never really derived the fullest possible enjoyment and pleasure in their sex lives.

FOR ADULTS ONLY — For those who are married or contemplating marriage. This is very important valuable information that every adult should know, (both male and female).

The course of love and sex in your life can run smoother when you have the guidance offered in this recording.

"PLAIN TALK — SEX POWER & PLEASURE"

In this recording, you will hear "Plain Talk" explaining the Psychology of true love and sex, including: THE BASIS OF A HAPPY MARRIAGE; THE ROLE OF HUSBAND & WIFE IN THE SEX ACT; SEXUAL STIMULATION; HARMFUL MISTAKES TO AVOID; THE WEDDING NIGHT; INITIAL SEX UNION; SEX TECHNIQUES; ATTAINING GREATEST SATISFACTION; STRENGTHENING YOUR MARRIAGE; SEX CONTROL IN THE MALE; PRESERVATION OF EXCITING TRUE LOVE; PREVENTION OF UNHAPPINESS & DIVORCE; INCREASING YOUR SEXUAL APPEAL, POWER and PLEASURE.

When the need for love and affection of both men and women are compatible, their relationship can be deeply satisfying. All religions agree that couples who find fulfillment in their sexual life rarely seek divorce.

Rev. Frank Kingdon, D.D. LL.D.

I endorse all the ideas expressed in "Plain Talk - Sex Power & Pleasure". A basic understanding of sex principles for both men and women, can enlighten them and prove a definite benefit to their marital happiness.

*Hugo G. Beigel, Ph. D.
Professor of Psychology*

American Marriage Counselors Agency, 210 Fifth Ave., Suite 1102, New York 10, N.Y.

PLAIN TALK

SEX

DR. ALBERT ABARBANEL-BRANDT
NEW YORK 32, NEW YORK

THE INTRODUCTION

Not so long ago, many people believed that sex should be the domain of expert researchers like physicians, psychologists and theologians. It was too personal an affair to be discussed openly and frankly. But, as long as there are two opposite sexes, human sexuality will have a profound effect on our lives and our behavior.

Our sex instincts are natural and normal. They are crucial in our relationships, and as we cannot pretend this importance of sex in our lives away, we had better get acquainted with its function and be aware of some difficulties in its communication.

In this material on "Sex Power & Pleasure" is a sober and well-taken account of effective fulfillment of sexuality.

Dr. Albert Abarbanel-Brandt

Dr. Albert Abarbanel-Brandt,
Editor of the Encyclopedia of Sexual Behavior

POWER

AND

PLEASURE

WITH NOTATIONS BY DOCTORS

FOR
ADULTS
WHO ARE MARRIED
OR
CONTEMPLATE MARRIAGE

A PLAIN TALK RECORDING PT-101