

FOLKWAYS RECORDS FC 7623
STEREO Intended for use on either Stereo or Mono phonographs

(AHS 823)

SQUARE DANCE

with

SOUL



M
1450
K59
S773
1969

TRICK DOUGLASS KIRKPATRICK
Hearts

MUSIC LP

FOLKWAYS FC 7623

STEREO Intended for use on either Stereo
or Mono phonographs

SQUARE DANCE WITH SOUL

with REV. F. D. KIRKPATRICK
and THE HEARTS

Here We Go Loop-The Loop
Go In And Out The Window
Red River Valley
Raise The Roof Off Tonight
Stay By Me
Take A Little Peep
Hurry (or 5 & 3)
Do You Have A Soul Cindy
Around All And Kick In The Middle
Swing Your Own Thing

Descriptive notes are inside pocket

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43 W. 61st ST., N.Y.C., U.S.A. 10023

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Design: Arthur Stern

FOLKWAYS FC 7623

FOLKWAYS RECORDS Album No. FC 7623 (AHS 823)
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43 W. 61st St., NYC, USA

Square Dance with SOUL



illustrations and layout: don stern

**Rev. Frederick Douglass
KIRKPATRICK and The Hearts**

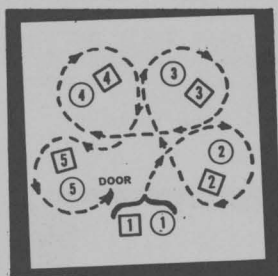
with:
MATHEW ERRICO, JOHN WHIRL Jr., RONNIE PETERSON

Side One

1

Here We Go Loop-the-Loop

Couples join hands and circle left on the command loop-the-loop and circle right on the command loop-the-lie. In between circling they listen for the caller's directions (various parts of the body are put in towards the center of the ring, put out, and shaken).



2

Go in and out the Window

Five couples are arranged in the shape of a pentagon. (see fig.) All gents form windows with their corner ladies (gent's left hand up and out to meet the right hand of his corner lady).

Couple 1 breaks its windows and goes thru the window between Couples 2 & 3, and around Couple 2.

Couple 1 goes thru the next window (between 3 & 4) and around Couple 3. Then on to the next window (between 4 & 5) and around 4.

Couple 1 goes back through the next window and around Couple 5, returning to its original place (the "door").

Follow the caller's instructions (which change from couple to couple) and gent 1 bows. He then marches around the ring with his lady following him.

Couples 2, 3, 4, & 5 do the same in turn.



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3

Red River Valley

The first couple goes out to the right. Couples 1 & 2 circle left and then right. Gent 1 dances with lady 2 and then with his partner. Couple 1 goes on to Couple 3 and circles left and right. Gent 1 dances with lady 3 and then with his partner. Couple 1 goes on to Couple 4 and circles left and right. Gent 1 dances with lady 4 and then with his partner. Couple 1 goes home.

All gents allemande-left their corners and allemande-right their partners. They grand-right-and-left, meet their partners and promenade home.

Couples 2, 3, & 4 do the same in turn.

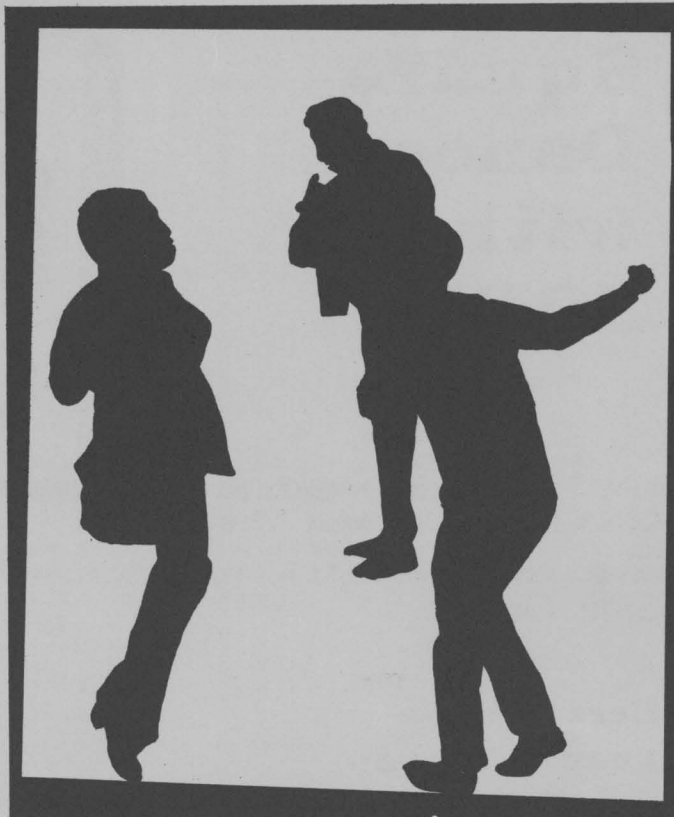
4

Raise the Roof Off Tonight

Couple 1 goes out to the right and circles four hands round with Couple 2. These two couples pick up Couple 3 and circle six hands round. The three couples pick up Couple 4 and circle eight hands round, stopping in their original places.

All gents allemande-left their corners and allemande-right their partners. They allemande-left their corners again and everyone does a grand-right-and-left. Gents meet their partners and follow the caller's instructions. (which change for each couple) Then all couples promenade home.

Couples 2, 3, & 4 do the same in turn.



5

Stay By Me

Five couples are arranged in the shape of a pentagon. Allemande-left your corner. Grand-right-and-left your partner. Meet your partner and promenade her home.

The first couple goes out to the right. Gents 1 & 2 swing their opposites and then swing their partners.

Couple 1 moves on to the next. Gents put their arms around their opposites' necks and dance (improvise). These couples clap their hands and stamp their feet. Gents swing their opposites and then swing their partners.

Couple 1 moves on to the next and they dance (improvise). These couples drink their coffee (dance as if they were drinking coffee). Gents swing their opposites and then swing their partners. They sing "Stay With Me".

Couple 1 moves on to the next. Gents swing their partners and then swing their opposites. These couples do the frog and hop home. Everyone sings "Stay With Me".

Couples 2, 3, 4, & 5 do the same in turn.



Side Two

1

Take a Little Peep

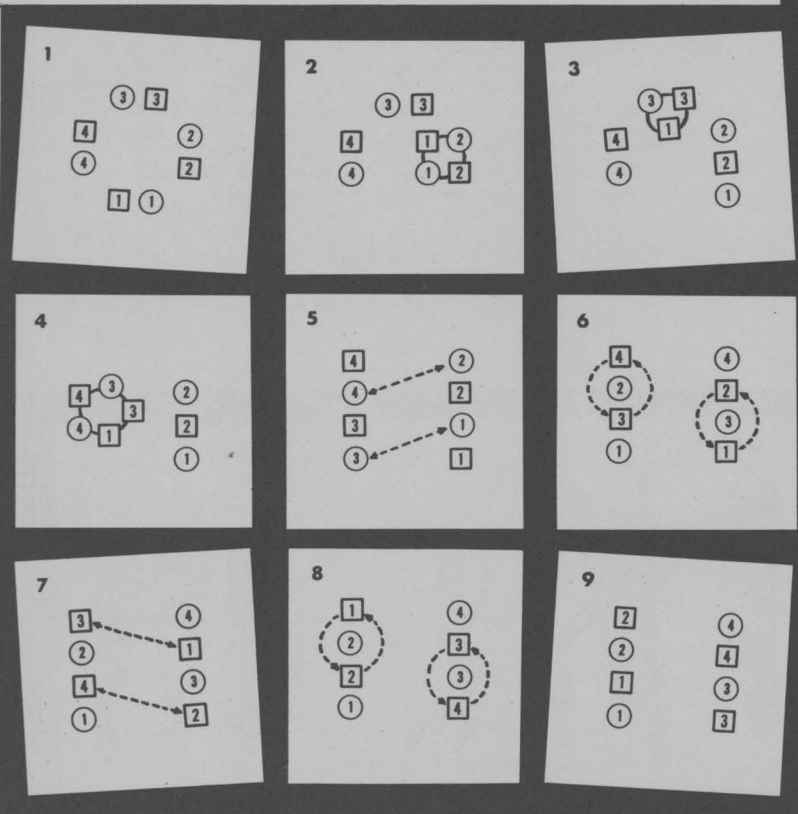
The first couple goes out to Couple 2. Couple 1 splits and gent and lady peep at each other behind the backs of Couple 2. Couple 1 goes back to the center, swings, peeps around Couple 2 again, back to the center, and Couples 1 & 2 circle four hands round in the middle of the ring.

Couple 1 leaves Couple 2 and goes on to Couple 3, peeps, swings, and peeps again. They circle four hands round in the middle of the ring.

Couple 1 goes on to Couple 4, peeps, swings, and peeps again. Now they circle four hands round in the middle of the ring. Couple 1 returns home.

Gents allemande-left their corners. They grand-right-and-left their partners, meet them, and promenade them home.

Couples 2, 3, & 4 do the same in turn.



2

Hurry [or 5 & 3]

Couple 1 goes out to the right and circles four hands round with Couple 2. Gent 1 leaves his lady with Couple 2 and goes on to Couple 3 and circles three hands round. He takes the third couple with him to Couple 4 and they circle five hands round. Then gent 1 joins his partner and Couple 2. (see figs. 1 - 5)

Opposite ladies exchange places across the floor. Then neighboring gents exchange places. Opposite gents then exchange places across the floor. Neighboring gents now exchange places again. (see figs. 5 - 9) All promenade home.

Gents allemande-left their corners and grand-right-and-left their partners. They meet their partners, swing, and promenade home. Couples 2, 3, & 4 do the same in turn.

3

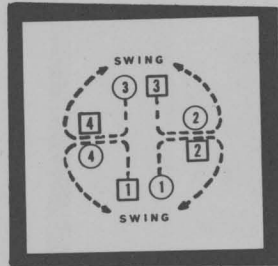
Do You Have a Soul Cindy?

All join hands and circle left. Now, back to the right. Gents allemande-left their corners and grand-right-and-left their partners. They meet their partners, promenade them home, and swing them.

The head couples go down the middle and split the ring, going under the bridges made by the side couples. The head couples return to their places and swing. (see fig.)

Gents allemande-left their corners and allemande-right their partners. They swing their corners and promenade them home.

The side couples split the ring and heed the instructions above that follow the first split of the ring. Now, head couples split. Head couples again. Now, the side couples again.



4

Around All and Kick in the Middle

All join hands (raise them high) and circle right. Break the ring and head ladies do-si-do. All promenade and everyone swing at home.

The head ladies do-si-do again. They swing each other (with right elbow hooks) in the middle and return home. The head gents do-si-do. They swing (with right elbow hooks) in the middle and go home. Side ladies do the same and go home and then so do the side gents.

All go forward and kick in the middle. All go forward again and keep time in the middle. Gents swing their corners and promenade them home.

This is repeated until everyone has his original partner.



4



5

Swing Your Own Thing

All join hands and circle left. Stop and gents swing their partners. Then they swing their corners. They swing their partners again and allemande-left their corners. They do-si-do their partners. Now, they swing their corners again and promenade them home.

This is repeated with a few slight changes in calls until everyone is with his original partner again.



REV. FREDERICK DOUGLASS KIRKPATRICK
Photo by Erik Falkenstein

Notes from the Author - Brother F. D. Kirkpatrick:

I find myself fighting for a society that does exist, but has never existed in the history of the World. We are of a strong heritage. Culture that has come over 3,000 miles of oceans in 300 years of slavery and stands as strong as it did in West Africa. We must not be ashamed of it but cherish it, love it because it is us.

A. Soul Heritage:

The central point that I would like to make is that so-called Negro is neither totally African nor totally Western. We are Afro-American, a true hybrid, a combination of two cultures.

Who are we? We are the descendents of slaves. We are the offspring of noble men and women who were kidnapped from their native land and chained in ships like beasts. We are the heirs of a great and exploited continent known as Africa. We are the heirs of a past of hope, fire and murder. I am not ashamed of this past.

I know that we are bound together in a single garment of destiny. The language, the cultural patterns and music. That brings me to my subject.

Music: The roots of all black music in America comes from our native homeland. But now we are in America. Abused and scared though we may be, our destiny is tied up with the destiny of America. We must stand up and be counted, we must face the fact that America is our home, we are going to have a share of the livelihood. We helped to build it through sweat, blood and tears and now I'm going to sing here. Nobody is going to stop me from singing. I'm going to sing about it. We are going to hold on and perceive our part of the culture and at the same time appreciate other cultures. We only hope the other part of the family can do the same.

These dances that I've recorded are geared to both cultures for - I believe in order for a person or persons to feel at home while dancing or engaging in any activity he must enact an atmosphere that he has lived. He must hear his everyday language. A person living on Fifth Avenue in New York City or Gage Park in Chicago doesn't hear or speak the same slogans as a brother living in N. Y. Harlem or the Westside in Chicago, Beech

Spring Road in Jonesboro, Louisiana, McDonald, in Haynesville, Louisiana, Mayfield in Homer, Louisiana nor Medgar Evers in Grambling, Louisiana. So there will be many terms in these dances that may not quite be familiar to some people as to others. Well we finally arrived, it took us a long time to start saying it. We are doing things our way now. We must honor our music, our slogans, dances, creation, beauty, including our great women and heroes, our heroes, not some Monk picked by our oppressors.

West Africans preserve the old people for they are the physical culture encyclopedia. The same thing occurs today in the South. Grandma sits under the Chinaberry tree and knows all the traditional songs and dances. Black folk don't send them away to old folks homes. Now some may do so - but real Black folks don't. Black folks are those that know where their roots lie. Grandma teaches the children. She is the best teacher. She is the mother of civilization. She is a soul sister, you should begin feeling something around now, if you know where your deepest roots are - if not don't worry, you will before you can be at peace with yourself.

This brochure was assembled because I feel that there is a need for more knowledge about this kind of material. Some of the material will air our strong African heritage and some a mixture of both. But I feel that in order to provide excellent social recreation, opportunities for people, one must include a mixture of both cultures blended into a culture cocktail disk (pretty). Then a cat can dance in the east altho he is from the west (smile).

HELP THE BEGINNING LEADER

In almost every community nowadays there is at least one square dance club. In the larger cities you will find as many as 6 or 8 different clubs. These clubs have regular times and places to meet for dancing, and usually there is someone to help and instruct the beginners.

Square dancing makes a good thing to do at a social gathering of your club, your party, church parties and others. If the groups do not know how to dance, get an instructor for the evening and all learn together. It makes life more meaningful and helps to erase mental pain and worries. For the head it is a social aspirin, for the body it is physical therapy. It is easy and it's fun to learn the dances by 'walking' them a few times, and before the evening is over everyone will be wanting to square dance.

It takes only four couples to make a set. You can have a lot of fun practicing your square, at the home of the members, and going together to public square dances. There are plenty of people who want to dance there worries away. Pick up the phone and call a few people. Make friends, and make your community safer. It won't be long before your group will grow into three or four sets.

A FEW LESSONS:

A few lessons will help you dance better. Plenty of folk, especially the old timers have learned square dancing by going to the dances and picking up the steps, by watching and trying them, of course with help from other dancers.

But you will get along faster and will become a much smoother dancer if you and your group will take at least 8 or 10 weekly lessons. If you live near or in a

college town, physical education majors - or instructors will help you in this endeavor. In most cities or towns there are folks holding regular square dance classes you can go to at a very small cost... usually about \$1.50 per-couple for an evening of instruction. If you live in a larger city, your recreation department may offer weekly square dance classes free. You don't need to wait until you are an experienced dancer to really enjoy it. You start having a barrel of fun when you go out for your first lesson.

KEEP IN MIND THE THINGS YOU READ IN THIS PAMPHLET

You have to learn by dancing, but if you will first read these simple instructions and learn the names of the various movements you will catch on a lot quicker to what the instructor is saying. In this pamphlet I am giving only the ground work of Square Rock or (Soul Dances Squared). If you decide you want to learn the finer points and perhaps learn to call dances, I would suggest for you to get in touch with Folkways Records, for Brother Kirkpatrick's new Book of Lets Get Started which will soon be available.

THE NEED FOR FOLK MATERIAL

We are living in an mechanized period in which people are struggling desperately for something real. Life is so individualistic that they try hard to find something to bring the group satisfaction that they find in their families (or once found). This changing shifting city-bred culture brings a loneliness all it's own. Group activities are a partial answer, at least to this need, people need to become human again.

LEARNING YOURSELF AND LEARNING TO PLAY:

Everywhere you see people who never learned the art of playing or making friends. They could have lost it in their adolescence. Nowadays people are looking for ways to make life more meaningful. I can think of nothing better than putting on Soul Dances. Your turn to be calling the neighbors and getting with it. Most people have lost the sense of realism, that spirit of play - that spirit, that quality that might be described as childfulness. This explains to some degree the almost pitifully desperate mushrooming and popularity of Square Dancing in recent years. People are now looking, trying to find something outside themselves. People want to dance again. They are tired of sitting in Concert. They want to move, they want to jump.

Every leader who has ever helped people to learn to play again knows what a joy it is to see the sparkle return to weary eyes where it hasn't been for years or even decades. Recreation Centers like the one recently built in the Grambling College Community will serve a vital purpose in bringing sparkle to eyes as well as aches to old bones. Every community needs a good Recreation Center. Petition your politicians for a good center.

FOLK SONG, GAMES AND DANCES

CAN they help people to recuperate the spirit of play? There is a reason. In folk and Square Dances there is fun, there is the joy of simplicity. Here are the Wild Flowers of joyful activity. Folk humor is clever, broad and gentle. It helps people to laugh at themselves and eases tension. It helps families play together, and get lots of joy.

SOCIAL SCIENCE IN PHYSICAL EDUCATION

It is a social Science, the setting is social. The spirit is democratic. The call is Soul, yes the call is for you to lose yourself in the joyful activity. It is hard to maintain a cool reserve, or the spirit of aloofness, when you are practically gliding through the air in the dance "Stay With Me." The tensions of modern life are eased and relieved. The effect upon our jangled nerves is therapeutic. If more people were picking on their guitars instead of cleaning their guns this would be a better place to live.

YOU ARE SOMEBODY

The characteristic spirit of Folk material - as Square Dance Soul is that of freedom of feeling - freedom of self identity - a feeling on the part of the individual that he's somebody. The fill-ins and trimmings are not showing off, but rather it reflects a sense of personal worth. Therefore, you stamp, clap, whirl about and carry yourself erect because you know that you are somebody. Spontaneity is the key to most Soul Dances. Whether it is folk games or dance games, gay or sad, it's all beautiful, and has an unspoiled flavor, earthy and real, which captures the imagination of people. It is true that there are some for whom an appreciation of simple folk art does not exist. Often these are folk who miss the ----- fun, the delicate satire and gentle ridicule of those who "think more highly of themselves" than normally some person would.

A. GLOSSARY OF TERMS

Peep	- to look around a couple
bogaloo	- a dance
tighten up traces	- turn your partner, place her right hand in the middle of your back, promenade style
your thing	- your partner in some cases, doing any style of dance or motion you prefer
rail road tract	- the general path of the circle or ring
london	- around the circle or ring
your partner	- the lady to your right, lady to the right of a gent
your corner	- the lady to the left of a gent
your opposite	- directly across or in front of you
couples	- two people
third couple	- couple directly across or in front of the first couple
second couple	- couple opposite the fourth couple
fourth couple	- couple opposite the second couple - left of first
first couple	- couple opposite of third couple
set	- 8 people
drink your coffee	- leaning back in continued motion, placing the fist to your mouth as though drinking something
do the frog	- executing a kind of Frog action in the same rhythm as the dance
your sweet	- your partner
corner	- lady at left side of gent
square off	- couple take position directly opposite each other
home	- original position
do-si-do	- move around a person with a gliding roaster movement, with arms folded
open the door	- original couple permits another couple to join the circle

- open the gate - same as open the door
- grand right and left - a type of weaving in and out movement of your partner
- swing your corner - gent swings the firl to his left
- alamand left - gent gives his left hand to the lady on his left
- alamand right - gent gives right hand to his partner joining
- elbow swing - left or right arms at the crook and swinging
- promenade - placing the hand of your dancing partner in her back, her left hand in your left and guiding her home
- side-couple - couple to the right of the first and third couple
- head couple - usually the couple with back to the music or caller
- split the ring in two - moving down to the center and coasting off to the side
- circle eight hand round - going clockwise in a circle
- stop and do your act - you may do what you feel, any dance or rhythm
- move to the next step - to next couple
- out to the right - couple moves out clockwise
- pick up two more ring - join hands with another couple
- thing - circle
- do your thing - your partner
- do your thing - perform any type of movement you prefer
- tighten up the tracker - promanade style, gent in command of his partner, homeward bound

I AM DOING MY OWN THING

Note: In the Black community today Black people have slogan - I'm doing my thing. It has reference to doing what you see is best for your life, creating beauty into activity, developing a sense of pride by what you feel. Whether it is writing, dancing, poetry, carpenter work, creating something that is new, something that is not controlled and influenced by the ruling class. To bring out the beauty that's pent up in our miserable life. To compute beauty from among oppression, depreciation. Doing what is natural in our life, not patterning after the white man's ruling class nor mid-Negroes if there is such a creature. In other words we are doing things our way - we must decide to a certain degree the destiny of our lives.

SIDE I Band 1

HERE WE GO LOOP-DE-LOOP

This is a play party game that I learned when I was a small boy. We did these games on a Saturday night. Other children would come over and play with my family. After working hard in the cotton fields, and corn fields all the week we would do play party games for recreation. I don't know where it came from, I guess it was passed down through the generations. I'm going to pass it on to other young and old people. It is a good one for exercising all parts of the body.

Explanation:

People join hands and move clockwise and respond to the command of the caller. Everybody responds at the same time. A group will probably need a breather after

this one. An instructor may want this one to come around at the end of the program to give a rest. Any age can do this one, even grandma may want to join.

OK join up and lets get started. Here we go Loop-de-Loop on a Saturday night.

SIDE I Band 2

GO IN AND OUT THE WINDOW

This is an old play-party game. Now there are several versions of it. This happens to be the Kirkpatrick version. Gee this is a talented man.

He does this dance with five couples in Square Dance style. The set is arranged in a style that resembles the figure 5. He says that of course to remind soul sisters and brothers of 5 million bales of cotton that had been gathered by the year of 1852. Gee they had to be working together to accomplish that.

SIDE I Band 3

RED RIVER VALLEY

This song and dance is one that I learned at Grambling College during my college days.

Know that we are not totally Africans nor Western. I thought I would exist a hybrid culture here - Afro-American singing a Western song isn't that real? Isn't that at home? That is a real fact. That's what people are looking for, the truth about realism. All ethnic groups can dance well on this one.

Square sets - and lets have a good time Western style.

Explanation:

Everybody can sing once you learn the words. That African Style or Afro-American style. We sing together in church, or where-ever we gather. That's our heritage, check the Western African heritage.

1. First couple lead to the valley and you circle to the left and to the right and you swing your girl in the valley and you swing your Red River girl.

2. Then you lead right on in the valley and you circle to the left and to the right. Now you dance with the girl in the valley. Now you dance with your own Red River girl.

Each couple will repeat the action of the first until every couple has visited every other couple to conclude the dance. It is a good old dance and a good old tune. I love it, Bro. Kirkpatrick.

SIDE I Band 5

WE GONNA RAISE THE ROOF OFF TONIGHT

This one is called, We Gonna Raise the Roof Off Tonight. We don't want to be misunderstood about this one (Smile). My wife Annie Pearl Kirkpatrick told me that her grandma taught a different version of it. They used to sing at the Country Break down after supper. We are going to Raise a roof up tonight. I never had so much fun talking to her about that version. I heard it again back in '54. We gonna have a hot time in the old town tonight. I became inquisitive and investigated it. I found out that it was a Klan song that was always sung at Rallies. Our intention is just the opposite of that.

Explanation:

First couple out and join hands with couple #2. Circle and pick up couple #3. Circle and pick up couple #4. All couples join at the original interence. Then alamand left, alamand right, alamand left - grand right and left until you meet your own. Listen to the command. He tells you to do a variety of stunts and dances.

Then you promanade her home. The next three couples repeat the actions of the first until the dance is completed.

SIDE I Band 5

STAY WITH ME

This one is called stay with me. This is a petition to the soul sisters to stay with their soul brothers. Otherwise he says take a stand and be yourself. We love you as you are, you don't have to try to change your complexion, burn your hair out trying to imitate someone else. We know now. The light is on now and everybody sees. Be proud of yourself. Because you can't be nobody but who you are. Check yourself out and you will be proud.

Explanation:

Now the rhythm is so that the brothers and sisters move with a jerking movement to the music. Making a kind of step, singing along with the caller when he petitions you to. Language and slogans are used that are natural to the daily life of the couples. It makes you feel so at home and at peace with yourself. What a gliding wonderful dance, so creative and real. Lets get some soul and begin - alamand left.

SIDE II Band 2

HURRY or 5 & 3

This is another one that calls for a lot of fast movement. We can do this one well because we have always moved with grace, vigorously.

Explanation:

First couple out to the right and join hands in dance style with second couples or the couple opposite the fourth couple. They circle, and then the gent leaves his partner and goes alone to the third couple and circles three hands around. Now when he leaves this time he carries the third couple with him to the fourth and they circle five hands around at the home of #4. Then leave alone again and rejoin his partner and couple #2 at the home position of #2. The gent exchange ladies across the ring - Then the neighboring gents exchange. The opposite gents exchange once more and promanade home. Once they are there, they alamand right and left until they meet their own. She will spin in for a jumping position, he placing his hand under her arm pit from the rear and jump her and then promanade her home. Then of course each couple repeats the action of the first until all couples have performed it. Have a good time brothers and sisters cooperation and love will win this day.

SIDE II Band 3

DO YOU HAVE A SOUL CINDY

This dance petitioning the Soul sister to whether they have soul or not - It is a question, do you know who you are, where your deepest roots lie. Where are your lost sisters? What is your destiny here? Have you researched yourself? Do you have a soul? A sister has to know who she is before she can be appreciative of herself.

Explanation:

Head couples 1 & 3 move down toward the center. Both turn at the center and go through under an arc formed by #2 & #4 couples. These couples split and to in opposite directions of each other meeting each other

at the rear of #2 and #4. The gents swing form couples 1 & 3, swing their partners. Then all gents alamand left to their corner girl, alamand right to their own, go back and swing their corner girl and promanade them home. Everybody swings, do you have a soul Cindy. When everybody is home couples #1 & #3 form an arc and #2 and #4 repeat the previous action, as #1 & #3. They will repeat until each gent has secured his original partners to conclude the dance.

Tighten up and lets dance. People must move with grace sincerely.

SIDE II Band 4

AROUND ALL AND KICK IN THE MIDDLE

Explanation:

All couples join hands and commence toward the center - on command. Head Ladies do-si-do and move around each other arms folded. Then they swing each other with a right elbow hook. Then side couples repeat the same action. Men swing their corner girls, and promanade them home. Everyone should have different people when they arrive home. Then of course it is just a matter of repeating until each person has secured their original partner. This is a good fast one that calls for a lot of energy. You may need a breather after this one.

SIDE II Band 5

SWING YOUR OWN THING

A dance written also by Brother Kirkpatrick:

This one is telling it like it is. Do your personal worth. Show your ideas. Of course your thing in this particular setting is your partner. The broad behind is your corner. Language of Black origin and living our own life. The commands are more meaningful, the feelings are more at home. In other words it is you, nobody but you, that is the way it's been and thats the way its going to be. A good real simple life where people love people - respect, humanity. Let me be me, I can't be you. So leave me alone, I don't want to be you. I know too much about you. I've followed your path. It has not been a beautiful one. Now I'm going back to the old land mark.

Square: your sets and do your own thing. Square your life and do your own thing.