

Folk Dances of Austria, Vol. 3
TRADITIONAL
SCHUHPLATTLER
DANCES

Played by Karl Zaruba and
His Schuhplattler Dance Band

Compiled and Edited by
Ronnie and Stu Lipner with the
Austrian Information Center,
Kurt Hampe, Director
Folkways Records FW 8839
Recorded in Austria



M
1702
F666
1959
v.3

MUSIC LP

SIDE I
Band 1: REIT IM WINKEL (Schuhplattler)
Band 2: HEIDAUER SCHUHPLATTLER
Band 3: ENZIANER SCHUHPLATTLER
Band 4: EDELWEISSER (Schuhplattler)

SIDE II
Band 1: WATSCHENPLATTLER
Band 2: BLUEMBAOCHTALER SCHUHPLATTLER
Band 3: STEFFEL VON TALGAU SCHUHPLATTLER
Band 4: DACHAUER SCHUHPLATTLER
Band 5: TRAUNTALER SCHUHPLATTLER

TRADITIONAL SCHUHPLATTLER DANCES

COVER DESIGN BY RONALD CLYNE

DESCRIPTIVE NOTES ARE INSIDE POCKET

Folk Dances of Austria, Vol. 3 TRADITIONAL SCHUHPLATTLER DANCES



PLAYED BY KARL ZARUBA AND HIS SCHUHPLATTLER DANCE BAND

Compiled and Edited by Ronnie & Stu Lipner, with the
Austrian Information Center, Kurt Hampe, Director.

Production Supervision, Moses Asch



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Breathes there a person who hasn't seen the Schuhplattler Dances, come away clapping and slapping, either consciously or unconsciously to themselves wishing they could partake in them for real.

For these dances, above all stand out as representatives of, the highest form of the Austrian Folk Dance. Their infectious rhythm, and the sheer delight experienced by dancer and audience in performing and seeing them performed spreads a happiness that is hard to describe.

With this happiness as a key-note, Folkways Records, The Austrian Information Center, and Ronnie & I, present a whole disc full of these Schuhplattlers. So whether you be a Dancer, or Teacher, slap yourself silly if necessary, practice until your hands and feet hurt, let yourselves go, and have one grand ball in doing it. After all the aches and pains subside, you will say, "it was worth it".

- Stu Lipner

FORMATION AND PRELIMINARY FIGURES OF THE SCHUHPLATTLER

Except where other wise stated, the following is applied to all dances on this record. Double circle of couples around the dance floor, Boys are on the inside, Inside hands joined. (Boy's R, Girls L)

ENTRANCE PART - played to introduce all Schuhplattlers.

a-first long musical note, swing joined hands forward, turning slightly back to back.

b-second long musical note, swing joined hands backward, turning slightly face to face.
c-the next 4 musical notes;

Girl- turns completely about with a twirl, hands on hips.

Boys- slaps R hand to R thigh, L hand to L thigh, slaps R shoesole, (Outside), and stamps with R foot.

BOLZE - 16 MEASURES OF MUSIC

a-Girl- Turns around in place or around partner, hands are on her hips, and she is watching Boy.

Boy - Slap R hand R thigh, L hand L thigh, R hand R thigh, R hand R shoesole (Outside), R hand L shoesole, from the back, L hand L thigh, R hand R thigh, R hand L shoesole, from back, L hand L thigh, place right hand at eye level, R leg is swung up to hit it. Kneel down on R ft, Jump up on L, and stamp once with R ft.

LANDLER - 16 MEASURES OF MUSIC

a-In closed dance position couple dances around the circle with 2 Landler steps, then while Boy is holding the Girl's R hand, with his L, she turns to her right under the arch formed, with 2 more Landler Steps, while Boy does these 2 Landler steps moving forward.

This part can also be danced with the Girl turning continuously under the Arch formed. At the end of 3, 7, or 15 measures, Boy may also stamp his R foot twice for the 4th, 8th or 16th Measure.



HOW TO USE THIS RECORD

- 1-Since every selection on this record have certain parts in common, first learn, the entrance part of the dance, then study and learn the BOLZE, then the LANDLER PART, and CONCLUDING FIGURE.
- 2-Study the Plattler part for ONE dance at a time, after mastering one plattler, continue practicing THIS ONE ONLY. You will find that you could fit it into another selection. By working with 1 sequence, you will get the feel of the rhythm, and get yourself working in a co-ordinating manner.
- 3-LISTEN TO THE SELECTION YOU WISH TO LEARN, OVER AND OVER. In the plattler part, the slapping noises are clearly heard, as to the rhythmic manner they fit in. There are 16 measures of music in the Plattler Sequences. Learn 4 measures at one time, listen for counts, and timing of the slapping and stamping. After you learn 4 meas, go to 8 meas, then 12 meas, and finally 16 meas.
- 4-You will find as you progress, that understanding the written directions, plus the LISTENING of the selections, plus the actual putting together all the parts will become easier.
- 5-The LANDLER STEP as used in these dances is nothing more than a heavily accented waltz-step. The accent being on first count of each measure of music. (Example - Step heavily on L ft, take 2 more steps, lighter than your first, R ft, L ft. Continue, starting with R ft. etc.)
- 6-The Schuhplattler Dances on this record can be danced in the following sequence.

- a- ENTRANCE
- b- BOLZE
- c- LANDLER
- d- PLATTLER SEQUENCE
- e- BOLZE
- f- LANDLER
- g- PLATTLER SEQUENCE
- h- BOLZE
- i- LANDLER
- j- CONCLUDING FIGURE



7-An Example of the Schuhplattler Rhythm

There is no one traditional rhythm but the following version shows the continuous half-beat rhythm which is characteristic.

Stand with feet slightly apart, knees relaxed;

Slap R thigh with R Hand	Bar 1
" L " " L "	Beats 1
" the inside of L ft, which is raised	and
across the R Leg, with R hand.	2
" L thigh with L hand	and
" R thigh with R hand	3
" L thigh with L hand	and
	Bar 2
Slap outside R ft, which is raised	Beats 1
sideways, knee slightly bent, until Leg	
is nearly horizontal, with R hand.	
Slap L thigh with L hand	and
" R " " R hand	2
Slap L thigh with L hand	and
" inside of L ft. with R hand.	3
" L thigh with L hand	and

Repeat above movements.

These movements are worked up with a steady Step-Hop on alternate feet, raising the L leg across the body, while hopping of the R ft. The Step-Hop is continuous throughout the three beat rhythm, and is practiced as follows;

1 and 2 and 3 and 1 and 2 and 3 and
Hop Hop Hop

8-When performing the Plattler;

- a- The torso remains straight and erect.
- b- The Hops and Jumps described are so lightly performed, that the torso remains practically motionless. The foot carrying the weight hardly leaves the ground.
- c- An easy way to perform the slaps, is that the feet should be allowed to slap against the hands, rather, than the hands slapping the feet. This will be awkward at first, but with practice, you will get used of it.

9-During the Plattler part, the Girls walks, or waltz around the circle of Men, keeping equal distances between them. Their timing is such, that at the end of the Plattler sequence, they must be by their partner, so that when he turns around, they can go into the next part of the dance.

SIDE I, Band 1: REIM IM WINKEL(Plattler)

Plattler: The boy faces the inside of the circle while the girl steps in back of him and turns herself about while the boy dances the following steps twice; Stamps with the right foot, stamps with the left foot, stamps with the right foot, stamps with the right foot, left hand left thigh, right hand right thigh, right hand right thigh, left hand left thigh, right hand right thigh, left hand left thigh, right hand left shoesole (from the inside), left hand left thigh, right hand right thigh, left hand left thigh, right hand right thigh, left hand left thigh, right hand right shoesole (from the outside).

hand left thigh, right hand right heel (from the inside), left hand left thigh, right hand left shoesole (from the back), right hand right thigh, left hand left thigh, right hand left shoesole (from the front), left hand left thigh, right hand right thigh, right hand right thigh, left hand left thigh, right hand right heel (from the inside), left hand left thigh, right hand left shoesole (from the inside), right hand right thigh, left hand left thigh, right hand left shoesole (from the front), left hand left thigh, right hand right thigh, right hand right thigh, left hand left thigh, right hand right heel (from the inside), left hand left thigh, right hand left shoesole (from the back), left hand left thigh, right foot is swung to eye level, right hand reaches for tip of shoe, dancer kneels down on right foot.

SIDE II, Band 3: STEFFEL VON TALGAU (Plattler)

The following steps are repeated twice by the dancer:

Right foot stamps, left foot stamps, right foot stamps, right hand right thigh, left hand left thigh, right hand right shoesole (from the outside) right hand left shoesole (from the back), right hand right thigh, left hand left thigh, right hand left shoesole (from the front), left hand left thigh, right hand right thigh, left hand left thigh, right hand right shoesole (from the outside), right hand left shoesole (from the back), right hand right thigh, left hand left thigh, right hand left shoesole (from the front), left hand left thigh, right hand right thigh, left hand left thigh, right hand right shoesole (from the outside), right hand left shoesole (from the back), left hand left thigh, right foot swings up to eyelevel, right hand touches tip of shoe.

After the repetition of the sequence, the dancer kneels down on the right foot to complete the set.

SIDE II, Band 4: DACHUER (Plattler)

Following steps are danced three times:

Right foot stamps, right foot is lifted up, clap hands under the right foot, clap hands above the right foot, right hand right thigh, left hand left thigh, right hand right thigh, left hand left thigh, right hand left shoesole (from the front), left hand left thigh, right hand right thigh, left hand left thigh, right hand right shoesole (from the outside), right hand left shoesole (from the back), left hand left thigh, right hand right thigh.

The following steps are to be danced four times:

Right foot stamps, right foot is lifted, clap hands under the right foot, clap hands above the right foot, right hand right thigh, left hand left thigh, right hand right thigh, left hand left thigh, right hand left shoesole (from the front), left hand left thigh, right hand right thigh, left hand left thigh, right hand right shoesole (from the outside), right foot stamps.

SIDE II, Band 5: TRAUNTALER (Plattler)

The following steps are danced three times:

Right foot stamps, left hand left thigh, right hand right thigh, right foot stamps, left hand left thigh, right hand right thigh, right hand right thigh, left hand left thigh, right hand right thigh, left hand left thigh, right hand right thigh, left hand left thigh, right hand left shoesole (from the front), left hand left thigh, right hand right thigh, left hand left thigh, right hand right shoesole (from the outside).

The following steps are danced four times:

Right foot stamps, left hand left thigh, right hand right thigh, right foot stamps, left hand left thigh, right hand right thigh, right hand right thigh, left hand left thigh, right hand right thigh, left hand left thigh, right hand left shoesole (from the front), left hand left thigh, right hand right thigh, left hand left thigh, right hand, right shoesole (from the outside), right foot stamps.

CONCLUDING SEQUENCE

Stamps with the right foot, stamps with the left foot, stamps with the right foot, stamps with the right foot, left hand left thigh, right hand right thigh, right hand right thigh, left hand left thigh, right hand right thigh, left hand left thigh, right hand left shoesole (from the inside), left hand left thigh, right hand right thigh, left hand left thigh, right hand right shoesole (from the outside).

The boy takes the left hand of the girl in his right hand, and lifts her right hand up high with his left hand, the girl turns to the right so that her left hand is resting against her back, then the boy kneels down on his right foot. The hands must remain clasped during this concluding figure.