### And One And Two

and other songs for preschool and primary children

### by Ella Jenkins



### Ella Jenkins

And One and Two and Other Songs For Pre-School and Primary Children

- 1. I'm Going to School Today 2:38
- 2. Good Day, Everybody 1:37
- 3. And One and Two... 4:20
- 4. Rhythms Around the Chair 4:45
- 5. Jumping with Variations 5:20
- Marching to a Harmonica Melody (using instruments) 2:04
- 7. Sharing 1:03
- 8. Holiday Times 0:47
- 9. My Little Blue Dredle 1:15
- 10. Dredle, Dredle 1:00
- 11. Little Baby 2:04
- 12. Raisins and Almonds 2:22

(All songs written by Ella Jenkins)
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"Dredle, Dredle, Dredle" and "Raisins and Almonds"



Simple songs, rhythm exercises and lessons for young children that are both educational and entertaining.



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## And One And Two

AND OTHER SONGS FOR

PRE-SCHOOL AND PRIMARY

CHILDREN

BY ELLA JENKINS



#### SIDE ONE

## 1 I'm Going To School Today

I'm going to school today...I'm going to school today...

I am going to school\*\*\*I'm going to school today...I'm
going to school today...I am going to school\*\*\*

When I cross the streets today...When I cross the streets today...I shall look both ways+++When I cross the streets today...When I cross the streets today...I shall look both ways+++

When I cross the streets today...When I cross the streets today...I shall look behind me too%%When I cross the streets today...When I cross the streets today...I shall look behind me too%%

Words and Music by Ella Jenkins (c) 1971, Ella L. Jenkins, ASCAP

## 2. Good Days Everybody

Good day, everybody...Good day, everybody...Good day\*
Good day\*Good day\*

Let's smile, everybody...Let's smile, everybody...Let's smile chase those frowns away\* Let's smile, everybody...Let's smile, everybody...Let's chase those frowns away\*

Words and Music by Ella Jenkins (c) Ella L. Jenkins, 1971 ASCAP

# 3. And One And Two...

AND ONE

AND TWO

AND THREE

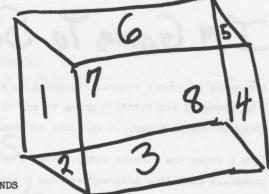
AND FOUR

AND FIVE

AND SIX

AND SEVEN

AND EIGHT



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CLAP your HANDS
SHAKE your HANDS
BEAT your CHEST
SLAP your THIGHS
STAMP your FEET
TAP your KNEES
SLIDE your FEET

DANGLE your LEGS

# Rhythms
Around
The Chain

Words and Music by Ella Jenkins (c) 1971, Ella L. Jenkins ASCAP

WALK\*WALK\*WALK around the CHAIR WALK\*WALK\*WALK around the CHAIR

HOP\*HOP\*HOP around the CHAIR HOP\*HOP\*HOP around the CHAIR

SKATE\*SKATE\*SKATE around the CHAIR SKATE\*SKATE\*SKATE around the CHAIR

RUN\*RUN\*RUN around the CHAIR
RUN\*RUN\*RUN around the CHAIR

# 1. Jumping With Variations

JUMP...JUMP...JUMP UP AND DOWN

JUMP...JUMP...JUMP UP AND DOWN

AND YOU JUMP, JUMP UP AND DOWN

JUMP ... JUMP UP AND DOWN

TURN...TURN...TURN ALL AROUND

AND YOU JUMP, JUMP UP AND DOWN

JACK BE NIMBLE (JUMP)

JACK BE QUICK (JUMP)

JACK JUMP OVER (JUMP)

THE CANDLE STICK (JUMP)

BOYS...BOYS...JUMP UP AND DOWN
BOYS...BOYS...JUMP UP AND DOWN
AND YOU JUMP, JUMP UP AND DOWN

GIRLS...GIRLS...JUMP UP AND DOWN
GIRLS...GIRLS...JUMP UP AND DOWN
AND YOU JUMP, JUMP UP AND DOWN

EVERYBODY...JUMP UP AND DOWN
EVERYBODY...TURN ALL AROUND
AND YOU JUMP, JUMP UP AND DOWN

# 2. Marching To A Harmonies Meboly (using instruments)

## 3. Shaning

I have some apples...ONE TWO & THREE
I have some apples...ONE TWO & THREE

You may share ... my APPLES with ME

You may share ... my APPLES with ME

I have some apples...ONE & TWO

I have some apples...ONE & TWO

I will give...one of my APPLES to YOU
I will give...one of my APPLES to YOU

I have an apple...ONLY ONE
I have an apple...ONLY ONE
You may share...HALF of it
You may share...HALF of it
Now WON'T that be FUN?
Now WON'T that be FUN?

Words and Music by Ella Jenkins (c) Ella L. Jenkins, 1971
ASCAP

### 4. Holiday Times

HOLIDAY TIMES make people cheer
HOLIDAY TIMES make children sing
HOLIDAY TIMES can make bells ring

Words and Music by Ella Jenkins (c) Ella L. Jenkins, 1971

## 5. My Little Blue Dredle

MY LITTLE BLUE DREDLE

My Little Blue Dredle

IT SPINS

SPINS MORNING, NITE & NOON

Spins Morning, Nite & Noon

IT SPINS

AND EACH TIME IT SPINS

It spins

And Each Time It Spins

IT SPINS A HAPPY TUNE

IT SPINS A HAPPY TUNE

It Spins A Happy Tune

Words and Music by Ella Jenkins (c) Ella L. Jenkins, 1971 ASCAP

## 6. Dredle, Dredle, Dredle

Dredle, Dredle, Dredle
I Made It Out Of Clay

And When It's Dry And Ready

A Dredle I Shall Play

Shall Play A Dredle I Traditional Jewish song for children

I Have A Little Dredle

I Made It Out Of Clay

When It's Dry And Ready

A Dredle I Shall Play

# 7. Little Baby

Go To Sleep...LITTLE BITTY BABY
Go To Sleep...LITTLE BITTY BABY
Go To Sleep...LITTLE BITTY BABY
MAMA'S GONNA WAKE YOU, BY AND BY
(HUM)

Rest Your Head...PRETTY LITTLE BABY
Rest Your Head...PRETTY LITTLE BABY
Rest Your Head...PRETTY LITTLE BABY
PAPA'S GONNA TAKE YOU, DON'T YOU CRY
(IA IA)

Dream Awhile...SLEEPY LITTLE BABY
Dream Awhile...SLEEPY LITTLE BABY
Dream Awhile...SLEEPY LITTLE BABY
YOUR DREAMS ARE GONNA TAKE YOU TO THE SKY

(LA LA)

Go To Sleep...LITTLE BITTY BABY
Go To Sleep...LITTLE BITTY BABY
MAMA'S GONNA WAKE YOU, BY AND BY
MAMA'S GONNA WAKE YOU, BY AND BY
MAMA'S GONNA WAKE YOU, BY AND BY
YOUR MAMA'S GONNA WAKE YOU, BY AND BY

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8. Raisins And Almonds

Jewish Lullaby

### WHO IS ELLA JENKINS?

... A warm, sensitive artist who brings the joy of music to children, their teachers and their families through television, recordings and workshops in American and abroad. She is a thoughtful educator and a talented folksingers with a unique and personal teaching method for adults and children alike. Her workshops are designed to give non-musical adults, working with pre-school and early elementary children, simple and effective ways to teach sound, rhythm and body movement. Her entertainment delights both adults and children, bridging the generation gap with joyful sing-alongs.

Miss Jenkins was born in St. Louis and grew up in Chicago. She is a graduate of San Francisco State College where she studied Sociology, Psychology and Recreation. After graduation, she returned to Chicago and worked for four years as Teenage Program Director for the YWCA. Starting as a "free-lance rhythm specialist", she designed her own technique for developing music appreciation and group awareness in children through falk music and rhythms. She has recorded numerous folksong albums incorporating her techniques, is the author of two books on the subject, starred in her own TV show for children and has conducted countless workshops and sing-alongs across this country and abroad.

### WHO IS BERNADELLE RICHTER ?

... Miss Richter has contributed many fine photographs to my record album booklets as well as album covers. She is a graduate of The Art Institute of Chicago with a Masters Degree in Fine Arts, specializing in Photography. She is a Professional "Free Lance" Photographer . . . she is presently working under a grant from The National Foundation For The Arts and matching grants from The Illinois Arts Council and Mr. Moses Asch of Folkways Records, to photo-document wall paintings (the album cover is such a painting; a school entrance-way) in Chicago and other cities in the United States where this activity has flourished in recent years. This booklet photo was taken by Miss Richter.

Rochester, New York, 1971