he reason I sing so many other people's songs (authors known or unknown) is that the songs teach me how other folks have met and coped with the world, and I am perhaps wiser and certainly more human for having lived with their music in my days and nights.

Here's a trawl through some of the songs that have engaged my life these last few years. You'll notice a lot of textures here: these songs bring us some interesting lives and beliefs and perspectives, and I am grateful that they've come to inform my own.

I am grateful, too, for all the musician friends who have given their time and spirit so generously to help me here: Doreen Conboy, Elmer Beal, Anne Dodson, Matt Szostak, Will Brown, Cindy Kallet, Bruce Boege, Ken Gross, and the light of my heart, Carol Rohl.

We're the ones you hear now, but there's a thousand more we've sung with and learned from, whose voices give strength to our own, and whose lives have nourished ours.



Apples in the Basket

Where possible, I print the oldest sources I have of these songs, no matter how much they differ from the versions that came to me.

Recorded, engineered and mastered by Bruce Boege, Limin Music, Northport, Maine Mixed by Bruce Boege, Gordon Bok and Anne Dodson Produced by Gordon Bok and Anne Dodson Front cover and Tray card photograph by Gordon Bok Opposite page photograph by Chris Pinchbeck Back cover photograph by Carol Rohl Programming by Carol Rohl Graphic design by Ken Gross

The first two months of the year are my time for making albums; luckily, we recorded most of this music in January and February of 2003 and 2004. When it came time for the final production work, we were in the third month of Carol's recovery from a stroke.

Pulling the album together has been a welcome focus during these early weeks of 2005. We're reminded once again that if you really want to do something, don't put it off.



Apples in the Basket ©1978 IB Goodenough

Judy sent me this a long time ago and I sang it for a couple of years, but I think I needed a lot more miles on my odometer to really appreciate it. When we sing it, it brings my brother Tony close, and it has become one of our most requested songs.

Gordon – Spanish guitar Carol – vocal Doreen – bass viol

The sun comes over the top of the hill Shines on the fields I've yet to till My bones are weary but I know I will And not just because you ask it

Rake and hoe on twenty-penny nails Milk lies sweet in a dozen pails Hay piled up in a hundred bales And apples in the basket

A house that's tight to the wind and snow A barn that's full of the things we grow Empty purse, but I don't owe A thing to any man living

A woman warm, a woman kind A woman that knows her own sweet mind

A woman that knows just what's behind The things that she's forgiven

There's branches on the family tree A boy, a girl and the baby's three They look like her, they look like me Like folk that's dead and gone now But I don't care, we're all the same There's none to bless and none to blame We're doing in the family's name The work we carry on now

The old grey goose is on the wing But he'll be back again next spring Each year we do the same old thing And the same old wheel goes spinning When the air is warm and the earth is sweet

And the good clean dirt is on our feet The circle comes around complete And the end is the beginning

The Recruited Collier

Traditional England

I used to enjoy accompanying Louis Killen on this song on the rare occasions we managed to sing together. I finally asked him to teach it to me. "Paid the smart and run for the golden guinea" = a bribe for the recruiting officer to let her man go.

Gordon – viol

What's the matter with you me lass, and where's your dashing Jimmy? The soldier lads have picked him up, and now he's gone far from me Last pay day he went into town, and them red-coated fellows Enticed him in and made him drunk; he'd have better gone to the gallows

The very sight of his cockade, it set us all a-crying And me, I nearly fainted twice: I thought

that I was dying

My father would have paid the smart and run for the golden guinea But the sergeant swore he'd kissed the book, and now they've got young Jimmy

When Jimmy talks about the wars it's worse than death to hear him

I have to go and hide my tears, for truth, I cannot bear him

But aye, he jives and cracks his jokes, and bids me not forsake him

For a Brigadier or a Grenadier he says they're sure to make him

As I looked o'er the stubble fields—below it runs the seam— *

I thought of Jimmy hewing there, but that was just a dream

He hewed the very coals we burn, and when the fire I'm lighting

To think the lumps was in his hands, it sets my heart a beating

So break my heart and then it's o'er; aye, break my heart, my dearie

And I'll lie in the cold, cold ground; of a single life I'm weary

* the coal mine

Los Tres Panuelitos

Traditional Chile

When I was working winters in Philadelphia in my twenties, friends there would bring me back music from South America and help me figure it out. This one came from the group "Los de Ramon de Chile," and I only sing the first of three verses: Whoever named you, Consuelo, was not aware of your destiny. He should have just made a cross, and on it, the word "pain." I am going to have a fiery handkerchief embroidered, that says on one corner: "Leave me!" And on the other: "Why are you going?"

I sang the song alone for years, and then with Carol on the harp, until it finally occurred to me that I wanted to hear my old friend Elmer Beal sing the lead vocal; his voice is much more suited for it, and his Spanish is much better than mine.

Gordon – 12-string guitar Carol – harp Elmer – lead vocal Gordon – Second Elmer

The Maiden in Bird's Plumage (Nilus Erlandson)

Words Traditional Denmark / music © Gordon Bok BMI

From A Book of Danish Ballads (Princeton University Press, 1939), translated by E.M. Smith-Dampier. A friend loaned me this book. In the introduction, it says that by the 15th century these ballads were often combined with dances. Quite often they had a burden which the dancers would sing with every verse (like "So the knight hath won his lady"). These ballads wandered back and forth between countries, so they might well have existed in many languages at once.

Gordon – Spanish guitar

It was Nilus Erlandson Rode forth the deer to take And there he saw the lily-white hind That ran through bush and brake (So the knight hath won his lady)

He chased her, Nilus Erlandson That longed for her so sore But swift was she, and still did flee For three days' space and more

Now snares he set in every path Where'er a beast might go But all so wise was the lily-white hind That he could not take her so

Sir Nilus all through the greenwood Rode on, and rode in vain His hounds loosed he by two, by three To run her down amain

Now can she spy no way to fly So hot the hounds pursue Her shape she changed to a falcon fierce And aloft in the air she flew

Her shape she changed to a falcon fleet And perched on a linden green All under the boughs Sir Nilus stood And sighed for toil and tene

Sir Nilus hath ta'en his axe in hand To fell the linden-tree When forth there sprang a forester That smote the shaft in three

"And wilt thou fell my father's wood And all to do me wrong I promise thee, Nilus Erlandson That thou shalt rue it long!" "Now let me fell this single tree This tree alone of thine For but I can take the falcon fell I die of dule and pine!"

"Now hark and heed, thou fair young knight The counsel that I bring Ne'er shalt thou take her till she taste The flesh of a tamed thing!"

A gobbet he cut from his bleeding breast Right bitter pain he knew She flapped her wings and down she dropped And on the bait she flew

She flapped her wings and down she flew And on the bait she fell And she changed her shape to the fairest maid That ever a tongue might tell

She stood in a sark of silk so red Where the linden-tree did blow And all in the arms of Sir Nilus She told her weird of woe

"Oh, I sat and broidered lily and rose My father's board beside When in she came, my false stepdame Whose wrath was ill to bide

"She shaped me all to a lily-white hind To run in wild greenwood And my seven maidens to seven grey wolves And bade them drink my blood"

The damsel stood 'neath the linden-tree And loosened her golden hair And thither came they that erst were wolves But now were maidens fair "Now thanks to thee, Nilus Erlandson! Hast saved me from hurt and harm Never shalt thou seek slumber But on my lily-white arm

"Now thanks to thee, Nilus Erlandson Hast set my sorrow to rest! Never shalt thou seek slumber But on my lily-white breast"



A Shearer's Lament

Words: Matt O'Connor / music © 1997 Martyn Wyndham-Read, Fellsongs Publishing

I learned A Shearer's Lament from Ed Trickett and we used to sing it and Waiting For the Rain together. Martyn Wyndham-Read says about the lyrics, "The words for A Shearer's Lament were written by Matt O'Connor who was an itinerant shearer (in Australia). Back in the '60s he used to send in poems and contributions to a Folk Magazine and A Shearer's Lament was one of his. The magazine wrote back to thank him to a P.O. Box address which he had given, but they never received a reply or any other contribution from him, and presumed that he had passed on."

Gordon – 12-string guitar

We finished shearing sheep out west of the Paroo

And now it's rained three inches—we don't know what to do

A week ago the sand was loose; the dust blew every day And now the mud is two feet deep and we can't get away I've just been talking to the boss-vou all know Hector Cope He says the Bull is two miles wide-to cross it there's no hope You hear a lot of people swear about the dough we make But they forget the price of beer and all the combs we break Well, why I took this job on, I just can't understand If the bloody sheep ain't waterlogged, the cows are full of sand A man is doubled up all day, half-blinded by his sweat And when the darkness comes around. cooped up in a mozzie net * It might have been a good job once; those old hands had their breaks They pushed a cart from shed to shed and lived on johnnycakes They had more time to do the job-they worked nine hours a day And after paying for their grub, one pound-a-hundred made I think I'll give this job away; I'm tired of being a greasy I've heard about a fencing job-they tell me it's dead easy

^{*} Mosquito netting

Waiting for the Rain

Words: John Neilson / music: unknown

The words to Waiting for the Rain are based on a poem by John Neilson and the author of the melody is unknown. I learned it from Ray Wales, originally of New South Wales, Australia. He had a lot of unidentified recordings he'd made off folk radio in the '50s and '60s—many of the songs were recorded by Dave de Hugard, I learned many years later. Many of my Australian songs are probably from de Hugard's singing; he's a magnificent singer in whose footprints I've been honored to plod. This is pretty much as I heard it.

Gordon – 12-string guitar

- Well, the weather had been sultry for a fortnight's time or more
- The shearers had been battling might and main
- And some had got the century as never did before
- And now all hands are waiting for the rain The boss is getting rusty and the ringer's

caving in

- His bandaged wrist is aching with the pain And the second man, I fear, is going to make it hot for him
- Unless we get another fall of rain

Well, the sky is clouding over and the thunder's muttering loud The clouds are driving eastward o'er the plain And I see the lightning flashing followed by an awful crash

And I hear the gentle patter of the rain So lads put on your stoppers and let us to the hut

We'll gather 'round and have a friendly game And some are playing music and some play ante-up

And some are gazing outward at the rain

Well, now the rain is over, let the pressers spin their screws

Let the teamsters drive the wagons in again And we'll block the classer's table by the way we push them through

Since now all hands are merry since the rain And the boss won't be so rusty when the

sheep have all been shorn

And the ringer's wrist won't ache so with the pain

Of pocketing a season's check for fifty pounds or more

And the second man will drive him hard again

So boss, bring out the bottle and we'll wet the final flock

For the shearers here may never meet again And some may meet next season and some

not even then

And some they will just vanish like the rain



Joropos

© Alfredo Rolando Ortiz

Alfredo was born in Cuba, and emigrated to Venezuela as a young boy where he began studying the Venezuelan Arpa Llanera. He has become one of the greatest proponents of Latin American music in the harp-world. He now lives in California. Carol learned these two tunes from his book From Harp to Harp with Love. He wrote these tunes to illustrate the Joropo rhythm.

Gordon – Spanish guitar Carol – harp

The Black Furrow

Words ©1973 George MacKay Brown / music ©1966 Gordon Bok

A poem by one of Orkney's greatest folklorists and poets. Here, a fiddler takes a dare and ends up in a place he should have stayed well away from.

Gordon – 12-string guitar

"Darst thu gang b' the black furrow This night, thee and thy song?" "Wet me mooth wi' the Lenten ale, I'll go along."

They spied him near the black furrow B' the glim o' the wolf star. Slow the dance was in his feet Dark the fiddle he bore.

There stood three men at the black furrow And one was clad in grey. No mortal hand had woven that claith B' the sweet light o' day.

There stood three men at the black furrow And one was clad in green. They've taen the fiddler b' the hand Where he was no more seen.

There stood three men at the black furrow And one was clad in yellow. They've led the fiddler through the door Where never a bird could follow.

They've put the gowd cup in his hand, Elfin bread on his tongue. And there he bade a hunder years, Him and his lawless song.

"Darst thu gang through the black furrow On a mirk night, alone?" "Td rather sleep wit' Christian folk, Under a kirkyard stone."

The Old Figurehead Carver

Poem © 1925 H.A. Cody / music and chorus lyrics ©1996 Dick Swain

Dick Swain found this wonderful poem in an old book Songs of a Bluenose by H.A. Cody. Dick gave this to Carol and me as a wedding present having made a handsome tune and a chorus for it and, of course I had to learn it, woodcarver that I an. Cody was a preacher and a poet in Saint John, N.B. where the Marco Polo was built.

Gordon – Spanish guitar Anne, Carol, Cindy, Matt & Will – vocals I have done my bit of carving Figureheads of quaint design For the Olives and the Ruddocks And the famous Black Ball Line Brigantines and barques and clippers Brigs and schooners, lithe and tall But the bounding Marco Polo Was the proudest of them all

And while my hand is steady, while my eyes are good I will carve the music of the wind into the wood

I can see that white-winged clipper Reeling under scudding clouds Tramping down a hazy skyline With a Norther in her shrouds I can feel her lines of beauty See her flecked with spume and brine As she drives her scuppers under And that figurehead of mine

'Twas of seasoned pine I made it Clear from outer bark to core And the finest piece of timber From the mast-pond on Straight Shore Every bite of axe or chisel Every ringing mallet welt Brought from out that block of timber All the spirit that I felt

I had read of Marco Polo Till his daring deeds were mine And I saw them all a-glowing In that balsam-scented pine Saw his eyes alight with purpose Facing every vagrant breeze Saw him lifting, free and careless Over all the Seven Seas

That was how I did my carving Beat of heart and stroke of hand Blended into life and action All the purpose that I planned Flowing robes and wind-tossed tresses Forms of beauty, strength, design Saw them all, and strove to carve them In those figureheads of mine

I am old, my hands are feeble And my outward eyes are dim But I see again those clippers Lifting o'er the ocean's rim Great white fleet of reeling rovers Wind above, the surf beneath And the Marco Polo leading With my carving in her teeth



Heading for Home

Words and music @1999 Peggy Seeger, administered by Bucks Music

I learned this from Peggy Seeger when we taught at a music camp together in New Hampshire. This is what she said about the song: "This is my thank you song to friends, family, those who have taught me and whom I have taught—and to all the good people with whom I have shared time on earth." Gordon – 12-string guitar My face to the sky, my back to the wind Winter is entering my bones The day has been long, night's drawing in And I'm thinking of heading for home And I'm thinking of heading for home

The cradle and grave, the fruit and the seed The seasons mirror my own The geese flying south are calling to me And I'm thinking of heading for home And I'm thinking of heading for home

(36)

Always on the move with banner unfurled, Yet gathering moss on the stone I sing for the children and cry for the world And I'm thinking of heading for home And I'm thinking of heading for home

As Time's my old friend and Death's my new kin I'm not taking the journey alone I am old, I am young, I am all that I've been And I'm thinking of heading for home And I'm thinking of heading for home

The memory of love will burn in my heart Till embers and ashes are gone The light in your window is my northern star And I'm thinking of heading for home And it's time I was heading for home

Mussels in the Corner Traditional Newfoundland

Can't remember where or when I learned this song, but the "ghosts" verse was given to me by Greg Brown, a fine Newfoundland fiddler, when we were performing in Texas a few years ago. The tune on the end is Ragtime Annie (or Raggedy Ann) that I used to play with the likes of Havilah Hawkins Sr. and Adrian Beal (of Stonington and Beals Island). We played for a lot of dances out in the island towns when I was in my roaring twenties.

Gordon – *12-string guitar* Anne, Cindy, Matt & Will – *vocals*

'Deed I am in love with you Out all day in the foggy dew 'Deed I am in love with you Mussels in the corner

I took Jenny to a ball Jenny could not dance at all Sailed her up 'longside the wall Left her there till Sunday

All the people from Belle Isle Don't get up till half past nine Wash their face in kerosene oil Polly, you're a corker

Here they come as thick as flies Dirty shirts and dirty ties Dirty rings around their eyes Dirty old Tor Bay men

Here they come as white as ghosts Bay men in their little boats It's a wonder that they floats Dirty old Tor Bay men

Ask a Bay man for a smoke He will say his pipe is broke Ask a Bay man for a chew He will bite it off for you

Bay St. Mary / In the Cove

Music ©1977 Gordon Bok, BMI / words ©1981 Bill Leavenworth

I made (or captured) this tune coming down the French Shore of Nova Scotia. Nick Apollonio helped me remember it, all the way home across the Bay.

Bill was working as skipper on the crew boats for the oil rigs in the Gulf of Mexico, and he made this poem while driving home one winter. Gordon – laud, 12-string guitar Carol – harp

On my last trip long ago I rolled in the swells off Isle Au Haut And sang to myself with every seam The song that sleeping whales dream. From the whale path 'round Isle Au Haut A sleeping whale answered, singing so. Each to the other we gave the song Till morning fetched a chance along And they swung me off and headed home, Whalesong trailing back in foam. They passed my berth, nor brought me 'round But up the cove and hard aground They drove me: here I'll lie While time and whales pass me by. But summer evenings through my sides Phosphorescent sluicing tides Bring singing of a far off whale Along the roads I used to sail. When nothing's left but mud and frame And all are gone who knew my name May my simple boat's soul go To a whale, singing off Isle Au Haut.

Tie Her Up

©2000 Mary Garvey

Mary says about this song: "I was taking this little ferry from Westport, Oregon to Puget Island, Washington (near Cathlamet). It is a big island in the middle of the Columbia River, lots of dairy farms, heavily Scandinavian. We used to go there every Christmas day for some reason and drive past the Sons of Denmark Lodge and the Sons of Norway and Sons of Sweden and probably Sons of Finland as well. Anyway, I saw this little boat tied up on another little island and the words more or less just popped into my head.

The Larson family name came from when I was working at the School of Fisheries in the U.S. and I met a young man by that name who talked about his family heritage of fishing for many generations.

I also think of little John Aronson, a first-grader whose family all fished, and he saw no need to go to school as he already knew all about fishing. Likewise little Melvin Charles, a Native American boy from "all three tribes," who could diagram where everything fit in his father's boat. And the boys of Labrador who met me on the ice one day and had to show me their boat, which they had actual shares in ... All of these boys are men now and it would be interesting to see if they are fishing ..."

Gordon – *12-string guitar* Carol – *vocal*

- Tie her up and let her rot, for it soon will be forgot
- That we ever built the boats to match the men

Puget Island born and bred to the grey skies overhead

- And we'll never see the likes of her again
- Tie her up and let her rot, for the last fish that I caught
- Never brought enough to buy the gas that day
- When you're going after salmon it is feast or it is famine
- And it looks like Mr. Famine's here to stay
- Tie her up and let her rot, for I think it matters not
- Where my father's father's father fished before
- From the river to the sea now it ends right here with me
- There will be no Larsons fish here anymore
- Tie her up and let her rot, for the sons that I begot
- Have earned their fame and fortune on the land
- And they laugh when they explain they don't miss the wind and rain
- But it's just not in my blood to understand
- Tie her up and let her rot, for I've found a pretty spot
- And I can't afford to lose another dime
- And if the floods wash her away, well, who am I to say

And she'll run this mighty river one last time

Stone on Stone

©1991 Dave Goulder, Harbourtown Music

A fast year-in-the-life of a master drystane dyker (dry stone wall builder), written by himself. On this song I play a big old Casals Spanish guitar that a shipmate rescued in Mexico City and brought back to me when I was living on a boat in Connecticut. I've strung it to play six frets low: it is very happy there. Gordon – Spanish guitar

Now that autumn is returning and the garden fires are burning

And the summer beasts are learning how to cope with shorter days

There I labor all alone piling stone upon the stone

Feeling just a touch of sadness as the summer slips away

As I roll the stone upon the stone

Working in the frosty weather when the stones are stuck together

Lifting divots, soil and heather as I pries them from the ground

And a little work is done till the weak and wintry sun

Loosens up their icy grip and I can lay me hammer down

As I roll the stone upon the stone

The barometer is falling and the forecast is appalling

And the working folk are crawling through the January storm

Gales 8 to 10° all day almost blow the stones away

And my brain has turned to porridge by the time I head for home

As I roll the stone upon the stone

Now the winter storms are ending and the days are soon extending

And an early lark ascending has me looking round for spring

Stones taken from the land are warm under the hand

And my cup is running over with the pleasure of the thing

As I roll the stone upon the stone

Soon the wall is moving over belts of willow, herb and clover

And the weasel and the plover watch me slowly pass them by

And the air is full of wings as a million stinging things

Set me yearning for October in the middle of July

As I roll the stone upon the stone

*On the Beaufort scale Force 10 is a whole gale

The Hills of Isle Au Haut

©1970 Gordon Bok, BMI

I made this after a trip as mate in the old Brixham Trawler Provident in 1964 (I believe). The Plymouth here is in England, Pedro Martir is a mountain on the coast of Spain where we made land, Cascais is a town down the river from Lisbon, and Isle au Haut is a mythical island off the coast of Maine. Gordon – 12-string guitar Anne, Carol, Cindy, Matt & Will – vocals Doreen – bass viol

It's away and to the westward Is the place a man should go Where the fishing's always easy They've got no ice or snow

But I'll haul down the sail Where the bays come together Bide away the days By the hills of Isle Au Haut

Now, the Plymouth girls are fine They put their hearts in your hand And the Plymouth boys are able First-class sailors, every man

Now, the trouble with old Martir You don't try her in a trawler For those Bay of Biscay swells Will roll the head from off your shoulder

And the girls of Cascais They are strong across the shoulder They don't give a man advice And they don't want to cook his supper

Now the winters drive you crazy And the fishing's hard and slow You're a damn fool if you stay But there's no better place to go





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1. Apples in the Basket 3:52 2. The Recruited Collier 3:15 3. Los Tres Panuelitos 4:16 4. The Maiden in Bird's Plumage 5:07 5. A Shearer's Lament / Waiting for the Rain 6:22 6. Joropos 2:43 7. The Black Furrow 3:38 8. The Old Figurehead Carver 4:23 9. Heading for Home 3:29 10. Mussels in the Corner 2:43 11. Bay Saint Mary / In the Cove 3:44 12. Tie Her Up 3:02 13. Stone On Stone 2:52 14. The Hills of Isle Au Haut 3:06 Total time: 53:24

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CD15

Gordon Bok

CD15

With Carol Rohl, Elmer Beal, Will Brown, Doreen Conboy, Anne Dodson, Cindy Kallet and Matt Szostak



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the Bask



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